

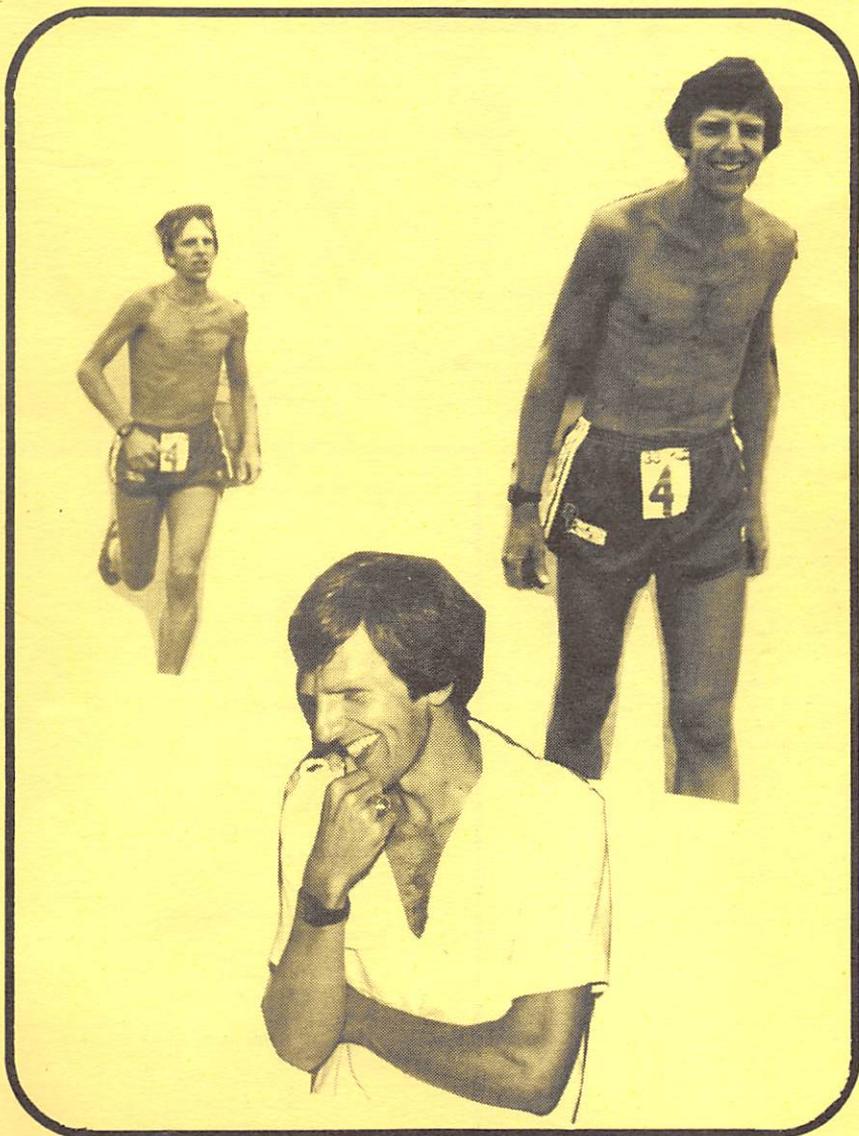
SEPTEMBER 1981



FORT WAYNE
TRACK CLUB

the inside track

NEWSLETTER OF THE FORT WAYNE TRACK CLUB



THANKS RICK.



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EDITOR'S
NEWS
& VIEWS

DAVE FAIRCHILD



"A man's reach should exceed his grasp."
Robert Browning

The last two years have been exciting and dynamic ones for the Fort Wayne Track Club and THE INSIDE TRACK. Club membership has increased dramatically, the newsletter is distributed to nearly 800 subscribers a month, the quantity and quality of our running events is up substantially, and we have grown and matured as a club. None of these things happened overnight and none of them happened by themselves. A great many talented, dedicated people have given their time and energy to make these successes possible. As one of my first official and very pleasant responsibilities as one of the new editors of THE INSIDE TRACK, I extend a heartfelt THANK YOU to all of you who have helped over the past two years. There are too many of you for me to list individually, and I would probably miss some, but all of you have done an outstanding job. Special recognition is due to some special people.

Rick Reitzel has served as Editor for two years during which time THE INSIDE TRACK has become one of the very best running newsletters in the country. Although Rick is too modest to admit it, much of the credit for this success is a direct result of his efforts. Mary Reitzel, while not seeking publicity for herself, has done a commendable job as the Editor's Secretary and All-Purpose Functionary. Assistant Editors, Tom and Mrs. Eulalia Loucks have been responsible for much typing, the race calendars, newsletter paste-up, and a variety of other duties essential to a newsletter. Jim Dupont at Harding High has done all our printing; Steve Foster and Andy Lavine have been responsible for advertising; Mike Hill, Cindy Ventrella and others have contributed regular columns. Jan and I are enthusiastic about working with you in the months to come. (Yes, Rick, you may continue to write a column for us!)

The Executive Council has served admirably this year. Mike Hill has brought the same enthusiasm and intensity to the club presidency that he brings to his racing. Charlie Brandt continues to unselfishly provide his time and expertise to those who need race assistance. Phil Snelzer, official record-keeper-statistician-certification chairman, has done an outstanding job. Don Lindley as Treasurer, Phil Scherer as membership chairman, Cindy as Secretary, and all the other members of the board have done an excellent job. The new club officers who will be elected this month have an impressive record to continue.

Most importantly, credit is due to all of you who have supported the club and THE INSIDE TRACK by assisting at races, running races, sending items for the newsletter, and offering suggestions for the club. Without each of you we would not be what we are. As Editor, I would like THE INSIDE TRACK to be the type of newsletter you want it to be. I welcome your suggestions for things that you would like to see printed. Send me your material, write a column for us, offer a suggestion. To this end we will be initiating a new feature with next month's issue: a two page (or more??) photo section featuring pictures submitted by track club members. One page, titled simply Track Club Faces, will give each of us a better opportunity to recognize other members of the club at various club functions. The second page, titled Fast Fotos, will feature pictures of track club members. The success of this section is directly related to your enthusiasm and support. SEND US YOUR PICTURES!! Pictures may be of any size but must be black and white. Everyone is invited to submit pictures. We would also like to continue the practice of using race photos on the cover and throughout the newsletter. But we need pictures. If you would like to take pictures at any track club event, please let us know. We would be happy to consider them for THE INSIDE TRACK.

I want to extend my personal gratitude to Tom Casaburo of Casa D'Angelo's who tirelessly worked for a week in preparation for our first Pre-Race Marathon Dinner. I think all who attended will agree that Tom and his crew did an outstanding job, the food was excellent! A special thank you also to the kind people who gave up their evening to help with the serving at the dinner.

Sincerely,
Deborah Blume

<u>ANGOLA 10K - 6-27-81</u> James Scott	38:40	27th	4/30-39
<u>NEW CARLISLE 13 mi. - 7-26-81</u> James Scott	85:44	15th	6/30-39
<u>BUTLER 10K - 8-8-81</u> James Scott	38:33	24th	4/30-39



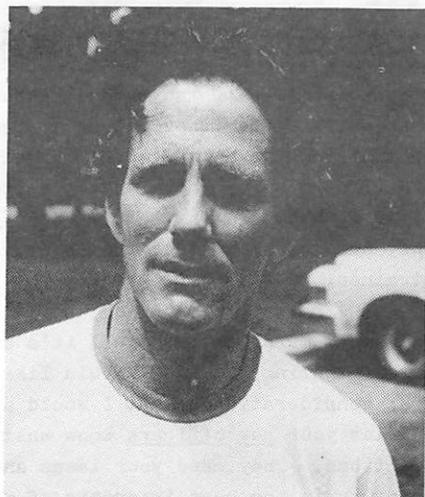
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PRESIDENT'S COLUMN

Mike Hill



Since this will be my last column as President of the Track Club, I thought it might be more like an open letter to all of you. What I would like to do is discuss the future of this organization; what makes the club tick and some suggestions to keep it alive and healthy.

One thing is for sure, this club is continuing to grow whether we push membership or not! The continued maintenance of membership and points race data is becoming an impossible task when done manually. The large number of races we administer or advise on is not going to get any smaller. Certainly, the number of personnel we have who can administer these events is not sufficient and our present Race Directors are worked extremely hard. In addition, the administration of our newsletter and the constant phone inquiries require a tremendous amount of time. Since it's all over, I can tell you that I handled on the average of five calls per evening at home. At times only one or two, but some evenings there were 15. All of the calls were important, valid and necessary requests for information and services. These calls are from members, prospective members, out-of-state Race Directors, running magazines, media personnel and others. In addition to all of this, there are hundreds of other calls being answered by those responsible for renting the race clock, selling advertising, handling our funds and the membership chairman. With over 1,200 runners in the club, it's just not going to get any easier.

Basically, we can do two things:

1. We can ignore it all and let the club regress into a slow and sloppy decline as many similar organizations have in the past; or
2. We can attempt to deal with a large organization in a professional and competent manner.

What we cannot do is continue along as we are now. The strain of administration on our board and officers is just too much. As I watched this year, two things happened with the personalities running the club. Either they retreated from responsibilities and became "voting members only" or they attempted to deal with the problems as best they could. Those who attempted to deal with the problems are to be commended. They did a great job! Yet at the end of the season, they also began to feel the pressure and at times relations were very strained.

So what's my solution? Well it's one I proposed to the board at our August meeting and one I would like to pass along to all of you for your consideration. What I would suggest is that you read it over and let your new officers know what you think after our September 20th elections. They need your ideas and assurance that what they are doing is in the best interests of all of us.

Suggested Improvements for 1981-82

1. First of all, we need to cease all manual record keeping. We have a surplus of cash on hand and could purchase our own micro-computer (TRS 80-II or Apple II, etc.) or time share services on a large computer owned by another organization. The minimum items we should mechanize are:
 - a. All membership records, including date of birth, family members, etc. In other words, a complete data file on each runner to administer our overall programs.
 - b. Our points race and club records information.
 - c. Renewal notices and generation of membership cards, letters, etc.
 - d. Our calendar of events and allow access to this calendar for "read only purposes" from other track clubs or running magazines utilizing a CRT.
 - e. All rental information for our equipment, including commitments, etc.
 - f. Possibly, a computerized finish line system compatible with our data base which would automatically update our points race/record information.

All of this should be under the careful supervision of a data processing professional. We have several in the club who are capable or we could appeal to a local corporation for assistance. The critical thing is, of course, setting up the initial data base information.

2. We can no longer operate the club or proposed improvements with a volunteer labor force. My suggestion is that we hire a business professional with an interest in running as our club manager. Possibly on a part-time basis. Computer input, club management,

race administration, etc., would be the manager's overall responsibility. We would, of course, need to support this individual with a volunteer force and the manager would answer to the club officers.

3. The Board of Directors should be organized in a functional manner. Each director would be held accountable for his/her functional area and should secure sufficient volunteers to staff the function and assist the manager. We would no longer have board members who simply vote on matters pertaining to the club. They would now be held responsible for a specific area. Should they wish to be an officer of the club, they would need to prove themselves first as a director. The following functions would require a director's guidance:

- a. Equipment Rental
- b. Membership
- c. Competition
- d. Ultra Marathon
- e. Advertising
- f. Computer Study
- g. Statistician
- h. Course Measurement
- i. Legal

This is not all that will need to be done and certainly our dues would have to be raised to support a manager. Yet, with equipment rentals, the right kind of organization and the continued support of our members, we can become the best club in the Midwest.

The big advantage though in acquiring a Business Manager is that we will continue to be a club that exists so the members can run. Not a club that becomes embroiled in its own administration. Other than the manager, officers and directors, there should be very few meetings or work involved. The bulk of our membership would be free to do what we all love to do. Run!

Thanks to all of you for your support over the past two years. I really look forward to just running with all of you in the future and hope what I have done the last few years will build into an even greater organization.

Mike

WABASH CANNONBALL 10K - 7-25-81

Bill Blosser	37:16	14th
Lynn Armstrong	39:11	27th
Betty Hite	40:57	40th
Terry Gausch	43:21	55th
Jan Kissinger	45:27	69th
Bob Gardner	49:09	96th
Greg Hughes	49:15	98th
Mercedes Cox	51:49	123rd
Al Gumbert	60:18	132nd
Steve Brown	60:54	135th



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1295 S. Harrison
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1/50-54

64th

38:06

MORRISTOWN 10K - 7-25-81
Myron Meyer

1F/16-20

63rd

44:46PR

Well Run small town race, enjoyable - 69 degrees - Tom
Betty Jackson

6/19-29

6th

33:31PR

Jerry Williams, Jr.

1/19-29

2nd

31:59

Tom Loucks
GLASS DAYS FESTIVAL 10K - Dunkirk - 7-29-81

Cindy Ventrella, Secretary

I just want to say that we have a very good turn-out for our meetings and hope it continues. There is a wide variety of people at our meetings. It ranges from beginning runners to ultra-marathoners. Anybody is welcome and we encourage you to come. You will really benefit from it if you do.

Our next meeting will be in September at Debbie Blume's house. She has contacted a Physiotherapist to speak. We have not set a definite date as of yet. It will be posted in the newsletter when decided.

There were approximately 20 women present and we shared what has been happening in our individual running lives. This is a good time to share questions, thoughts, and feelings. After we shared for a while, Ann pulled out a map of the running areas around her house. We had a choice of running 1, 2, 3, 4, 5, or 6 miles. We had come dressed to run. We all headed out and ran the distance that was appropriate for us. Ann has rolling hills in the area so it was a challenging run for most of the women. It was a very enjoyable day.

At our last "WE" meeting on May 17, 1981, we had a representative from the Fort Wayne Women's Bureau there. She told of her plans to have a softball and volleyball tournament and a 5KM Race on September 26 and 27. It would be a Women's Only 5KM with a clinic beforehand. We hope to receive more information about this race and what we can do to help.

Jan mentioned that the FWTC has contributed money for stamps for mailings.

We met at Ann Jamison's house which is out in the Cedar Creek area. Jan Fairchild opened the meeting at 4:00 p.m. on Sunday. Jan mentioned that Rick Reitzel has resigned as editor of our newsletter due to a new job which will take a great deal of his time. Rick has accepted a position as principal of St. John's Catholic School. Dave Fairchild will take over as editor of the newsletter. Jan requested that more women contribute to the newsletter by sharing some of their thoughts on running in articles. I will be leaving soon to move to Seattle so we will need someone or a few people to contribute on a regular basis to the Women's Column of the newsletter. If you are willing to help, contact Jan and Dave Fairchild.

MINUTES OF "WE" MEETING
July 26, 1981

WORDS FOR WOMEN

By Cindy Ventrella

I became a member of the Fort Wayne Track Club when it had only been in existence about two years. Everything was very low key and did not reach out and touch very many people.

In the last four years, I have seen such an unbelievable growth in our club. With the help of a few dedicated Fort Wayne Track Club Members, we have expanded, modernized, and generally improved our club. The quality of our races has improved due to the foresight of Gary Dexheimer and Charlie Brandt with the purchase of the time clock and timers. They have proved to be very valuable tools in running the club efficiently. We are now able to have free entry fees for FWTC Members in our races and low yearly dues since we rent these items out.

The most noticeable improvement has been in the newsletter. Credit should be given to Rick Reitzug, Editor; Jim Dupont from Harding High School, who does the super printing job; and Tom and Mrs. Loucks, who spend many hours typing the newsletter. Our newsletter is really something to be proud of. I was in another city the other day and saw a copy of their track club newsletter. I found it hard to keep quiet. I wanted to brag about ours and tell them ways they could improve theirs. Rick has organized it so well. I just hope he knows how much we appreciate it. As everyone knows, Rick has resigned as editor of the newsletter. I am glad to know that Jan and Dave Fairchild are taking over as editors, as the newsletter won't lose any class.

Mike Hill, FWTC President, has done an excellent job as the leader of our club. Things are continuing to progress forward and many new things have been added to spice up the club such as FWTC uniforms, jackets, and hats.

Another person who stands out in my mind is Don Lindley. Don is always there willing to help and has the experience and knowledge to do it. Thank you, Don, for the many times you have assisted me. There have been so many times, I can't even begin to name them.

If you haven't already heard, Tony and I will be moving to Seattle, Washington, soon, so you can see the purpose of this article unfolding. I want to say thank you to the Fort Wayne Track Club as a whole for being such a fun organization to work with and to the special individual friendships I have formed with so many people. I will miss everybody, but will leave feeling proud to have been a part of it. I plan to become involved in the track club in Seattle, and hope to put some of the know-how I have gained here to use in Seattle.

I have come to the conclusion that runners are neat people. We all think the same in many ways. If that is the case, maybe the runners in Seattle will be as great as the people here. It will be hard for them to compare with the special people I have met here, but I will try to have an open mind.

I will continue to be a member of the Fort Wayne Track Club and will write an occasional article (hopefully about the running I do in Seattle). Have fun in your runs and races in the future, and thanks again for many good experiences.

A special thanks to all people who helped in the August 9th, Curvy 5KM at Foster Park. Without all the willing volunteers, the race would not have been a success.

My point is this: the Inside Track is the single most uniting force, the most centralizing influence in such a loosely structured, diverse community that is the Fort Wayne Track Club. The newsletter means so much to the real success of the club. It means so much to how we perceive ourselves and how we are perceived by those outside our club. It likely would have been impossible to have developed as strong a club as we have the past two years with a mediocre publication. As a club we have been blessed by having a hard-working, gifted editor. Thanks for your two-year long singular contribution. You are a great runner, a greater writer and editor, a great club member-- obviously a very special person. Thanks, Rick, we'll miss you.

As a club, we don't have a permanent training or meeting facility nor a customary meeting place nor even club meetings per se. We do have races, many excellent races that draw together many of us into a tighter camaraderie. Even so, no race attracts all of our club members; and few, if any, attract even a strong majority of our total membership. And that's fine, for we are not a club only for racers. But we all read the newsletter. No longer a nameless 6-10 pages published when time permitted. Now a professional monthly pamphlet with articles, photos, advertising race results, race schedules, etc.

Rick, I know for certain that I speak for every member of the Fort Wayne Track Club in congratulating you and thanking you for two years of superlative achievement as editor. Your own writing as well as the total production of the publication, like your running success, has been on a consistently high level. Mrs. Loucks, Tom Loucks, Jim Dupont, Steve Foster and you regular contributors have made the newsletter possible -- but, you, Rick, have been the editor. More so than any other person, it has reflected your talent, diligence and lofty literary standards.

Somewhat it is most fitting that this issue and Rick's article were so exceptional. For the second respect that made the August issue special was that it was Rick Reitz's last as newsletter editor.

All these articles plus marathon pictures and Kermit Welly's fine wrap-up of the Bendix Express made the August issue special. And there was one more article, "Searching the Depths" by Rick Reitz that capped the whole newsletter. Rick's manner in running our 1981 Marathon was matched in quality by his fascinating piece.

The last issue (August 1981) of the Inside Track was exceptional in two ways. First, it continued an unusual number of exceptionally well-written articles; Mike's column reviewing the behind-the-scenes activity of several unsung heroes who contributed so much to the success of our Marathon Weekend... Dave's beautiful piece dedicated to his wife Jan and her victory at Peoria's Steamboat Classic 4-miler... Cindy's article articulating why a hometown marathon is so special... Jan Klesinger's article on her experience in stepping down from ultra-marathoning to run her first marathon and breaking 4 hours... Joan Golden's sharing her insight on running her first marathon in 3:59!... Ann Mize's relating her dream of finishing a marathon and describing her routine that allowed her to realize that dream... Gloria Nycum's moving, almost poetic ode to ME... Jerry Mazock's "At the Movies" -- to me, the witziest bit of prose I have read in a long time.

LARRY LEE

THANKS, RICK

CINDY'S SHOES

Gloria Nycum

Blisters, callouses, black toenails!!! These are just a few of the uncomfortable conditions that began when I volunteered to fill Cindy Ventrella's shoes and write an article each month for THE INSIDE TRACK. Now, I'm not sure I can fill Cindy's shoes. She passed them on to me and I thought, "Sure I can wear them. Writing an article once a month shouldn't be so tough. I can do it." I went back and read some of Cindy's articles to give me an idea how I should approach this. I put on her shoes for inspiration but found her shoes seemed too wide, too long, and just not right for me in any way. The shoes hurt just sitting there and when I began to write, the movement rubbed blisters which in turn became callouses and worse of all, my toenails turned so black that I couldn't even hide them with nail polish.

Well, I've decided to hang Cindy's shoes up on the wall with all my other special mementoes that I have collected since I started running with the Fort Wayne Track Club. I know now no one can fill Cindy's shoes. They were made for her alone and we've been very lucky to have had her share herself and feelings with us! The Fort Wayne Track Club has come a long way since Cindy first joined and she certainly has been an inspiration to all of us, but especially to the women who continue to follow in her footsteps. Thanks, Cindy! You're a super human being and we wish you well in Seattle! I won't try to wear your shoes because they were made for you alone. I will try, however, to share a part of myself with the club members each month as you did and hopefully they will accept me for myself as they have you.

FWTC ULTRAMARATHON - 60km, 50mi, 100 km

Dan Bossard

There comes a time in everyone's life when they must get serious. That time has come for me. The FWTC ultras are fast approaching and I still have much to do, but with your help I'm sure it will be a great success. Here is a run down on the coming events.

At 3:00 p.m. on October 31, 1981, Thomas J. Osler, Ph.D., will be speaking at the Fort Wayne Marriott Inn on the subject of ultramarathoning. He will cover everything from pedestrianism in the late 1800's to what to drink during your first ultra. Mr. Osler's latest article, "The Easy Way to a 50 Miler", in the August issue of Runner's World, is enough to inspire almost any runner to attempt 50 miles. Mr. Osler is nationally known for his book, "Serious Runners' Handbook", and is also the co-author of the book "Ultramarathoning". He is not only known for his speaking and writing abilities, but also for his running. Tom has won three national AAU titles for 25km, 30km, and 50 miles in 1967. Tom always has something interesting for everyone to hear and see (slide show).

After Mr. Osler's presentation, "Cabin Creek" will provide music for everyone to sip beer and discuss their latest race strategy for the next day.

On November 1, 1981, at 7:00 a.m., the race will begin on the 2-1/2 mile loop course at North American Van Lines. With the help of 100 or so track club members we can put together an ultra which will make the FWTC nationally known in the ultra scene. The reason we need so many people to work this race is that the course will be open for 12 hours. During the race we will be working on a three hour shift schedule.

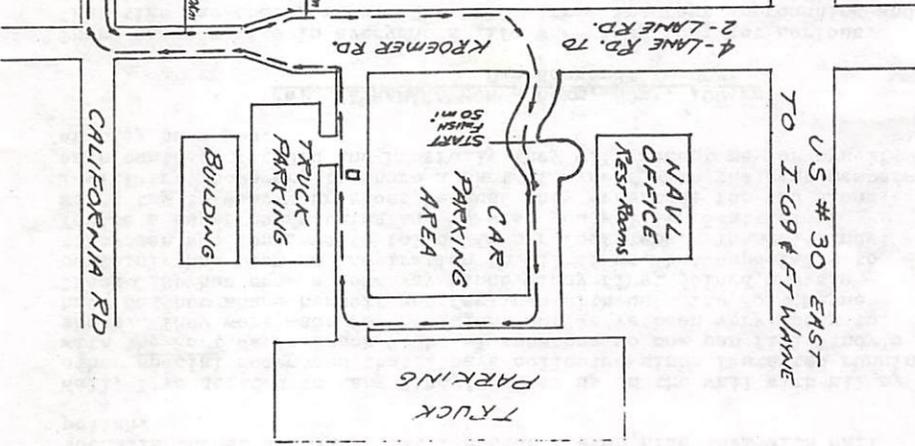
Every time a runner completes a 2-1/2 mile loop, his or her elapsed time must be recorded. I have been to 24 hour events short of help so that the timing crew was falling asleep and the runner would have to remind them to mark down his elapsed time. That's the last thing someone covering 50 miles should have to worry about.

So to help motivate you, we will be giving free ultramarathon T-shirts similar to the finishers to everyone helping with the race.

At 6:00 p.m. on race day, there will be a pot luck style dinner at N.A.V.T.L. Everyone from the track club is welcome. Just bring a covered dish. At 7:00 p.m. or 7:30 p.m. (depending on how much eating we do) there will be a short awards ceremony.

I believe the longer the race the shorter the ceremony. We don't want everyone falling asleep after stuffing themselves at the dinner.

See Ya There! Race Director
Boss
219-484-9424
2302 Kenwood Avenue
Fort Wayne, Indiana 46805



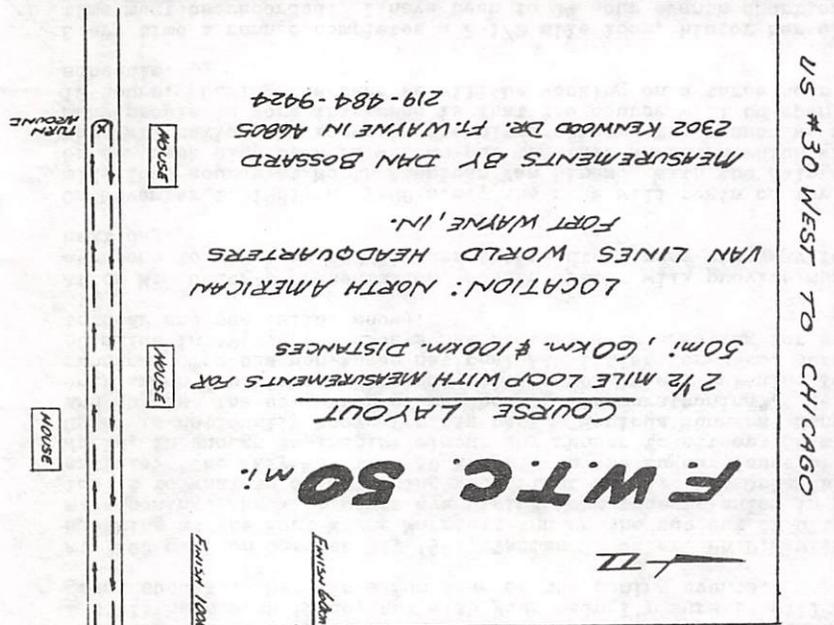
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MARATHON RECAP

Larry Lee - Marathon Director

The 1961 IV-33/Hooks Marathon is history, another sterling performance orchestrated by members and friends of the Fort Wayne Track Club in co-operation with Hilliard Gates, Gal Mahlock, Cheryl DeRay and the rest of the staff at IV-33. Naturally our club is proud of the lofty finishes of our own members - Rick, Dan, Paul, Alma, outstanding jobs!

But the Marathon, more so than any other distance race, is such an individual-internalized experience; there are as many interesting stories of success and partial success as there were competitors. We do recognize the courage of the first-time entrants, and share the joy of the first-time finishers and those achieving PRs. True but true; in distance racing as in all athletics there is only one first-place finisher but all who compete and give their best are winners too.

Our Marathon has seemed to have plateaued as regards number of starters. However, the amount of local publicity and community support continues to expand with each passing year. Incredibly, well over 300 runners with Fort Wayne mailing addresses participated in the 1961 grind. Our Marathon is obviously a popular event, a local "happening". It has enticed scores of the curious to become joggers. Many of these joggers have become hooked and participate in our FWTC races. The ultimate "hook" has been the marathon - and it truly is amazing how many Fort Wayne names have bit on that hook since 1973, when 117 runners (maybe 20 local) entered our first IV-33 Marathon.

The job that the FWTC does in its part of the joint venture with IV-33 in putting on our Marathon is a primary reason for the popularity and esteem it has enjoyed. We hear it too often from too many different veteran, well-travelled marathoners after each IV-33 Marathon to deny it out of false modesty. This is as organized and well-run a marathon as any in the country. So many FWTC members and supporters do so much good work and give so unselfishly to make our run a distinctly outstanding one. They - you - are the unsung heroes. Congratulations for once again in 1961 making the Marathon our club's finest hour, our crowning accomplishment.

On Marathon Day the city is ours. The streets are blocked, it's show time and we are given the chance to strut our stuff. I'd like to single out for special thanks the following persons for making this year's high profile on the local scene a most attractive one again: IV-33 - Hilliard, Gal, Cheryl, and Bill Nichols, you are professionals, the best. We could not ask for a better sponsor, your co-operation has been splendid.

Debby Blime, Tom Casaburo, Jan Rolland - The spaghetti and lasagna pre-marathon dinner was a huge success under Debby's direction. Debby, you deserve tremendous credit for your long hours in getting this new program started. Tom, your Casa D'Angel dinner was fantastic, your generosity in providing it at no profit is deeply appreciated. Jan, thank you and Lincoln Life for donating the use of your beautiful cafeteria; the setting and atmosphere had a lot to do with making the whole evening of food and camaraderie a most enjoyable experience.

Up all the aid stations on the course. Veteran marathoner yourself, Don Lindley - Hard-working, conscientious Don, responsible for setting up your own hot-weather marathon-running, especially the Honolulu Marathon. The careful planning and efficient execution by you and your dozens of volunteers more than any other single facet of the event make our Marathon what it is. How often do we all hear newcomers to our race marvel at the aid-station set-up? (And at the fact there is no entry fee! - Thanks, Hilliard.)

SEPTEMBER, 1981

John McMillen - You and your twelve on-the-course timers read off the splits at every single mile accurately and audibly. Thank you for a flawless job.

Don Goldner - You and your finish line crew did another excellent job under trying conditions made even more difficult by a steady rain.

Dan Widmann - For the seventh year in a row, Dan, thanks for setting up the finish line area. And for cheering on every single finisher for three solid hours from your customary spot near the finish line at the Coliseum entrance, as you have for all seven years the Marathon has been run. As a non-runner, your commitment to the success of the event is very special.

Jenny Kruse and Sally Brown - Thank you and the National Spinal Cord Injury Foundation Local Chapter for bringing 14 wheelchair entrants to compete with us. The Wheelchair Division is a tremendous asset to our race; not every marathon is blessed with one. The chance to compete with world-class athletes and world-class human beings who happen to do their thing in a wheelchair means a lot to me. It means a lot to runners, non-runners, and physically disabled alike who bear witness to their courage. We are a stronger, more enlightened community because of the wheelchair competition. The number of entrants has grown from 6 in 1979, to 9 in 1980, to 14 in 1981, including our first local competitor, Larry Smith of Columbia City. May 1982 find this division even larger.

FORT WAYNE TRACK CLUB - take a bow. You did not rest on your laurels in 1981. Next year is another year, another challenge, another chance for us to continue a proud tradition.

THE ATHLETE'S FOOT

ADIDAS

NIKE

NEW BALANCE

BROOKS

SPALDING

&

CONVERSE

PUMA

MANY

ETONIC

OTHERS

16% Discount To Fort Wayne Track Club

No one knows
the athlete's foot like.

150
SIZES
&
COLORS

ALL SIZES
ADULT
CHILDREN



SOUTHTOWN MALL 77 - 7417



INDEPENDENCE RUN - Kendallville - 10K - 7-4-81
Jerry Williams, Jr. 34:04 3rd

1/20-35

RICK'S RANELINGS

Rick Reitzug

The look was one of contentment. The woman beside him, obviously pregnant, had an equally bucolic expression on her face. Miniature smiles touched the corners of their mouths. While the others around them were nervously fidgeting and strutting around, burning off excess nervous energy, the two of them looked totally at peace with the world and themselves. They were going to have a baby. Occasionally one of the others, temporarily distracted from the nervous rituals, would walk over and exchange a few words with the couple. To an extent, they were all in this together. Linn was having the baby, but the rest of them, including expectant father Jerry, were all running the marathon. And they were all sharing vicariously in the anticipation and joy of the soon-to-be parents. Jerry, Linn, and the unborn baby were as much a story of the 1981 TV-33/Hooks Marathon as winner, John Hanley. From Jerry's pre-race statement, "If I hear at the 24 mile mark that Linn's in labor, the hammer's going down", to his ten day later proud showing of the first baby pictures to a group of fun runners at Foster Park with the matter-of-fact statement, "I've changed 15 diapers already", many members of the Fort Wayne Track Club community shared and anticipated and questioned each other as to the latest news from the Mazocks.

The story points out one of the aspects of running and, particularly, running in the Fort Wayne Track Club, that I enjoy the most. Although we have many different groups of runners who regularly run with each other, there is still a sense of comradeship and easy fellowship that exists among us. I feel that this spirit springs from doing something somewhat unique, and often difficult, together. As Mike Hill has said, "I've met very few runners I don't like."

Events like the marathon intensify this feeling of community. At the pre-marathon spaghetti and lasagna feast, I remember strongly sensing this. We had all eaten together, and now we were sitting back to watch the film of the New York City Marathon. As the pictures of the marathoners testing their limits unfolded upon the screen, I looked around the room at my fellow runners who would be doing the same thing in twelve short hours. Suddenly I felt a tremendous sense of friendship and companionship with those gathered in that room. Although I didn't know many of their names, they were all my friends.

Although we often get wrapped up in times and miles and training techniques, these are just the external trappings of running. The by-products are what really makes it worthwhile.

Have a good run!

<u>CHICAGO DISTANCE CLASSIC 20K - 6-20-81</u>			
John Jordan	65:44		18th of 4000+
<u>LUDINGTON (MI) FREEDOM FAIR 10K - 7-4-81</u>			
Joan Goldner	44:36PR		1F/40-over
<u>SANGER 6 - 6-6-81</u>			
Brady Wells	33:14	3rd	1/19-under
<u>CLEAR LAKE RUN FOR BLIND 10K - 8-1-81</u>			
Jerry Williams, Jr.	34:03	6th	2/20-24
Don Lindley	37:04	22nd	3/35-39
<u>BERNE SWISS DAYS 10K - 7-25-81</u>			
Vern Chovan	45:22	69th	2/51-59
<u>CELINA LAKE RUN 10K - 7-25-81</u>			
Tom Loucks	32:43	16th	8/19-24
Jerry Williams, Jr.	33:+	32nd	17/19-29
Don Lindley	37:20	111th	4/36-39
Overall winners:	John Glidewell, 29:58;	Julie Isphording,	34:40

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T Th S 10-6**

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FIRST ANNUAL FWTC

FUN RUN, ELECTIONS, AND PICNIC

September 20, 1981 - Don Goldner's Farm
9525 Muldoon Road

SCHEDULE OF EVENTS:

- 10:00 a.m. Fun Run - Run the infamous 10 miles to Poe, Indiana, or the alternate 6 mile scenic bridge route.
- 11:30 a.m. Elections - Help elect your club officers for 1981-82. These people will take over immediately after the election. Please save all complaints for them.
- 12:00 noon till ?? Picnic - Bring your own lunches - the Track Club will furnish drinks for everyone. (This is a great area for frisbees, softball, football, and foolin' around.)

**IT'S FREE - ALL WE ASK IS THAT YOU HELP US PLAN BY
FILLING OUT THE FOLLOWING INFO:**

YES, WE WILL ATTEND!!!

Name _____

No. of family members who will attend _____

Beverage preferred _____

Mail to: Mike Hill, 4515 Beaver Ave., Fort Wayne, IN 46807

CURVY 5KM - FOSTER PARK

August 9, 1981

Overall Winners - Michael Bultemeier - 15:50.9
Mary O'Connor - 19:53.1

WEN

14-under

1 Todd Walker 18:19.6
2 Mike Kolb 18:46.7
* 3 Tom Stinson 19:27.0
4 Andrew Krueger 19:31.4
5 Jeff Callicotte 19:54.6
6 Dan Brooks 20:18.0
7 Mark Callicotte 20:52.6
8 Matt Ebersole 20:59.9
9 Jody Herendeen 21:10.9
*10 Raymond L. Ball 21:11.8
11 Andy Cauffman 21:21.8
12 Jeff Smith 22:09.9
13 John Schwarz 22:40.4
14 Bobby Wiergma 23:40.1
15 Brent Jackson 24:03.2
16 Troy Bayman 24:37.8
17 Mike Peterson 25:23.9
*18 Van Dick 25:28.1
19 Brad Peterson 25:37.9
20 Brian Lindley 28:31.7
21 Jim Schwarz 35:51.1

15-19

1 Mark Herndon 16:13.5
* 2 Chris Norrick 16:19.5
* 4 Ed Freygang 16:56.1
5 Phil Herndon 17:00.3
6 Craig Schwartz 17:02.4
7 Tim Laurent 17:52.8
8 Jeff Koehlinger 18:00.3
9 Dimitri Nikoloyld 18:37.8
*10 Eric Baumgartel 18:42.3
11 John Todd Callicotte 19:03.9
12 Jerry Ziegler 19:29.4
13 Ken Grieze 20:49.3
14 Ken Votav 26:08.1
15 Jeremy Jackson 26:24.5

20-24

1 Tom Loucks 16:03.6
2 Jerry Williams, Jr. 16:06.6
3 Gary Williams 16:18.2
4 Brent Munro 16:43.7
5 Tim O'Connor 16:47.4
6 Ken King 16:54.4
7 Tim Bowman 17:32.9
8 Gerry Troyer 18:23.7
9 Denny Tuttle 22:39.3
*10 Scott Trauner 24:09.8

25-29

1 Rick Reitzug 16:22.0
2 Jim J. Anderson 16:46.1
3 Phil Suelzer 16:52.3
4 Steve Gradeless 16:55.8
5 Jerry Mazock 16:58.6
6 Mike Stieglitz 17:04.3
7 John Treleaven 17:19.4
8 R.C.Hartzell 17:23.2
9 Dave Glover 17:36.1
10 James Hoffman 17:39.9

25-29 (cont.)

11 Tony Gatto 18:18.0
12 Mike Medler 18:43.3
13 Mike Kronmiller 19:41.2
14 Michael Glasper 19:52.3
15 Michael Machlan 20:20.8
16 Steve Tielker 20:19.6
17 Tom Donelson 20:41.9
18 Larry W. Linson 20:44.2
19 Mike Auila 21:10.4
20 Andy Lubin 21:20.4
21 Dave Schmidt 21:43.2
22 Mike Preslar 22:15.7
23 M.J.Callahan 22:22.6
24 Bruce Hamilton 22:25.2
25 Barry Gruesbeck 24:07.9
26 David Sorrick 24:31.6
*27 Michael Tuttle 25:54.6
*28 Keith Petre 25:59.3
29 Ron Furniss 27:37.4
30 Steve Getz 30:16.6

30-34

1 Jeff Schneider 16:24.2
2 Tom Gerbers 16:35.4
3 Dan Kaufman 16:39.7
4 Steven Foster 17:10.6
5 Mike Robbne 17:11.1
6 Kenny Wolfe 17:11.6
7 Larry Blower 17:12.9
8 Bill Shively 17:16.4
9 Bob Nunley 17:28.5
10 Dennis Kroells 17:35.0
*11 Dave Smith 17:57.7
12 John Schwarz 18:01.4
13 Phil Wisniewski 18:31.1
14 Norval Lehman 18:31.7
15 Russ Suever 18:44.3
16 Mike Melendrez 18:55.4
17 Greg Frisinger 18:56.0
18 Alan Severs 19:11.4
19 Terry Shipley 19:12.3
20 Allen L. Wood 19:16.7
21 Steve Brown 19:19.1
22 Tom Cavacini 19:24.4
*23 Michael Harrison 19:35.2
24 Chuck Bayman 19:36.5
25 Dan Standiford 19:43.7
26 Steve Yager 19:45.1
27 Joe Ruppert 20:08.1
28 Jim Abbott 20:17.4
29 S. Sherburne 20:27.5
*30 Brian Mitt 20:33.2
*31 Steve Tomlinson 20:58.5
32 Michael Charles 21:13.5
33 Scott Kingdon 21:17.0
*34 Dewey Cullbertson 21:23.1
35 Cliff Delacroix 21:34.6
*36 Gary Graham 21:35.1
37 Jorge S. Jimenez 21:48.4
38 John Peterson 22:33.8
39 Robert Wiersma 23:17.5
40 Johnny Thomas 24:40.4
41 Bill Carden 24:43.5
42 Bill Longworth 30:14.5

SEPTEMBER, 1981

<u>35-39</u>		
1	Todd Rigelman	17:37.4
2	Don Lindley	17:38.6
3	Wayne Schaltenbrand	18:05.2
4	Mike Hill	18:06.0
5	Michael Beltz	18:13.1
6	Ed Kerr	18:14.7
7	David Waldrop	18:34.5
8	Dale Brown	18:38.9
9	Barrie Peterson	18:54.5
10	Larry Lee	19:32.4
11	Dave Fairchild	19:33.0
12	Robert McKinley	20:11.3
13	James Heymann	20:38.5
14	Tom DeLong	20:47.6
15	Thomas Mangette	21:18.2
16	J.T.Callicotte	21:27.9
17	Joe Hahn	22:03.0
18	Jim Martin	22:10.7
19	Tim Thomson	22:31.5
20	Rudy Kleinknight	22:41.8
21	Dave Kruse	22:45.2
22	Orrin Sessions	23:26.0
23	Larry Ebersole	24:13.9
24	Jay D. Herendeen	24:39.9
25	Carl Fields	26:34.8

<u>40-44</u>		
1	Joseph Barile	17:06.5
2	Jack Morris	17:51.1
3	Fred Ross	18:02.4
4	Woody Barker	18:04.2
5	Ken Miller	18:49.6
6	Leland R. Sibrel	19:31.9
* 7	Rex D. Devoe	20:04.6
8	Bud Stiffler	20:28.3
9	Bob Gardner	20:59.2
10	Tom Finan	21:44.8
11	Jerry Cauffman	22:16.6
12	Jay Brower	22:23.4
13	Joseph Brooks	22:23.9
14	Lyle Young	22:51.9
15	Charles Stephany	23:16.6
16	Aivars Grieze	24:18.0
17	C. Smith	26:08.8
18	Mike Holbrook	28:17.4

<u>45-49</u>		
1	Bill Schmidt	17:51.3
2	Joe Ziegler	18:51.4
3	David L. Wilson	19:35.8
4	Robert McCuan	19:47.3
5	Herb Chandler	20:00.9
6	Larry O'Herron	20:05.1
7	Chris Stauffer	20:09.7
8	Robert Gensheimer	20:46.1
9	Don Goldner	20:50.5
10	Donald L. Helman	21:54.5
11	Chuck DeVault	22:01.8
12	Tony Settini	22:21.1
13	Ed Morrotte	22:44.2
14	Larry Coddling	23:12.0
15	Orin Steinhaus	24:20.0
16	Bill Kolb	27:34.7

<u>50-59</u>		
1	Mike Kast	18:06.6
2	Giles Tomlinson	18:08.7
3	Vern Chovan	20:31.0
4	J.P.Jones	22:08.8
5	Edgar Strouse	22:28.5
6	John E. Hilker	22:55.3
7	Roger Phillips	23:54.6
8	Curtis Nold	24:50.3
9	Al Moore	25:33.6
10	Rick Longworth	25:40.6

60-over
1 Al Gumbert

WOMEN

<u>19-under</u>		
1	Karen Fothergill	23:31.8
2	Holly Cauffman	23:34.4
* 3	Megan M. Prough	24:30.2
4	Tracy Sohaski	26:01.1
5	Jodi Ziegler	26:59.6
6	Michelle McCuan	28:05.9
7	Debbie Wiersma	30:41.3
8	Jenny Schwartz	35:36.4

<u>20-29</u>		
1	Theresa Ehrman	19:55.2
2	Phyllis Suelzer	21:53.5
3	Rose Koczergo	23:21.8
* 4	Cathy Villa	24:20.9
5	Sue Sorrick	24:30.9
6	Ann Linson	25:30.7
7	Gloria Ambrose	26:54.5
8	Jeanie Getz	30:15.8

<u>30-39</u>		
1	Jan Kissinger	20:54.0
2	Ann Jamison	22:29.8
3	Marsha Schmidt	23:27.2
4	Mercedes Cox	23:41.2
5	Brenda Wolfe	24:19.4
6	Sharon Wiersma	24:20.4
7	Susan Pflieber	24:47.1
8	Phyllis Kerr	24:59.7
9	Angela Severs	26:14.2
10	Jean L. Tipton	26:49.6
11	Carolyn Stephany	27:00.7
12	Ann Mize	27:13.6
13	Shirley J. Hill	27:41.1
14	Jean DeVault	29:27.7
15	Patty LaMott	30:24.2
16	Carolyn Schwarze	35:58.6

<u>40-over</u>		
1	Gloria Nycum	
2	Julia Wilson	25:09.8
3	Jean Longworth	27:36.5
4	Bonnie Taylor	28:21.0
5	Evelyn Myers	29:27.1
6	Theresa Machlan	30:53.7
7	Carolyn McCuan	35:09.7
* FWTC Non-Members		

Dear Mrs. Ventrella: As you so well know we runners do get so selfishly involved in our times and performances that we sometimes forget to show our appreciation for all the effort that goes into a really good race. So speaking for myself and any others who maybe forgot, many thanks for a really good race last Sunday. - A runner, Columbia City

? IS YOUR DIET NUTRITIONALLY COMPLETE ?

If not, maybe you can feel better.

Experiment with our SHAKLEE VITAMIN
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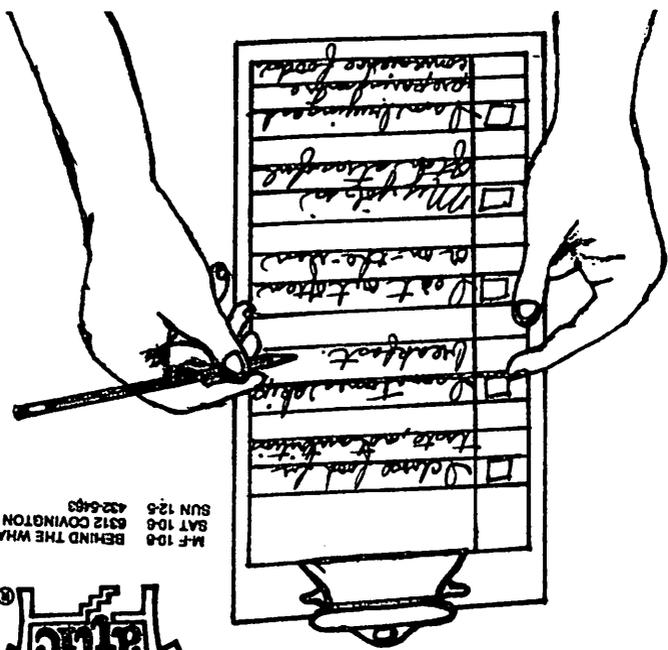
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M-F 10-6
SAT 10-6
SUN 12-6



RE: AUBURN-MR. WIGGS 10 KM RACE

(ED. NOTE - THE AUBURN-MR. WIGGS RACE ON AUGUST 15 WAS SO OBVIOUSLY LONG THAT MEASUREMENT CHAIRMAN, PHIL SUELZER, FELT PERSONALLY COMPELLED TO AUDIT THE COURSE. BELOW ARE HIS RESULTS.)

- 1 MILE = 1.056 (99 yds)
- 2 MILE = 2.067 (118 yds)
- 3 MILE = 3.098 (172 yds)
- 4 MILE = 4.100 (176 yds)
- 5 MILE = 5.098 (172 yds)
- 6 MILE = 6.108 (190 yds)
- 10 KM = 6.397 (322 yds)

Listed above are accurately measured distances corresponding to the mile marks in the Wiggs race. Figure your time by taking distance X time. Example - (1 mi.) $\frac{1}{1.056} \times (6:00) 360 \text{ sec} = 5:41$ for an accurate mile time. There is no excuse for this kind of inaccurate measurement to occur.

Phil Suelzer
FWTC Measurement Chairmen

1 MILE FUN RUN
August 9, 1981

Male

- 1 John Schwartz 6:03.0
- 2 Rob Mills 6:26.5
- 3 Steven Selzer 7:02.3
- 4 Paul Stephany 7:02.8
- 5 Dwight McKinley 7:21.9
- 6 Patt Gensheimer 8:11.7
- 7 Michael Lindley 8:39.8
- 8 Michael McKinley 9:02.1

Male (cont.)

- 9 Robert McKinley 9:02.4
- 10 Andy Menefee 10:31.6
- 11 Martin Standiford 10:46.3

FEMALE

- 1 Dawn Ebersole 8:17.4
- 2 Stacey Shively 8:58.7
- 3 Gisela Menefee 10:45.7



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FWTC POINTS STANDINGS

(as of July 1, 1981)

This listing does not include the results of the TV-33/Hooks Marathon and the Curvy 5 KM races.

	<u>No. of Races</u>	<u>Total Points</u>	<u>Ave. Place</u>	<u>Rating</u>
<u>WOMEN</u>				
<u>19-under</u>				
1 Alma Ojeda	6	6	1.000	.167
2 Karen Fothergill	3	5	1.667	.555
3 Holly Cauffman	5	14	2.800	.560
4 Debbie Wiersma	5	24	4.800	.960
5 Rebecca Snyder	2	4	2.000	1.000
6 Susan Bickel	2	6	3.000	1.500
<u>20-29</u>				
1 Theresa Ehrman	7	10	1.429	.204
2 Cindy Goller	4	8	2.000	.500
3 Phyllis Suelzer	6	20	3.333	.556
4 Sabine Florreich	6	33	5.500	.917
5 Mary Connelly	1	1	1.000	1.000
Betty Jackson	3	9	3.000	1.000
7 Jane Scarpino	2	6	3.000	1.500
8 Rose Koczergo	3	15	5.000	1.667
9 Linda McGuire	2	9	4.500	2.250
<u>30-39</u>				
1 Betty Hite	3	3	1.000	.333
2 Mercedes Cox	3	4	1.333	.444
Ann Jamison	3	4	1.333	.444
4 Marsha Schmidt	6	20	.333	.556
5 Sharon Wiersma	7	32	4.571	.653
6 Kathy Leistikow	3	9	3.000	1.000
7 Ann Mize	6	39	6.500	1.083
8 Linda Nicholas	1	3	3.000	3.000
9 Mary Felger	3	31	10.333	3.111
10 Phyllis Kerr	2	15	7.500	3.750
<u>40-over</u>				
1 Joan Goldner	4	4	1.000	.250
2 Gloria Nycum	6	11	1.833	.306
3 Carolyn Horn	6	16	2.667	.444
4 Julia Wilson	7	23	3.286	.469
5 Wilma Kyle	3	6	2.000	.667
<u>MEN</u>				
<u>14-under</u>				
1 Mike Kolb	5	11	2.200	.444
2 Todd Walker	2	2	1.000	.500
3 Andy Cauffman	5	24	4.800	.960
4 Dale Armstrong	1	1	1.000	1.000
Tom Mills	3	3	1.000	1.000
Jeff Murphy	2	4	2.000	1.000
7 Bobby Wiersma	6	38	6.333	1.056
8 John Schwarze	5	31	6.200	1.240
9 Mark Callicotte	2	5	2.500	1.250
10 Jeff Callicotte	2	6	3.000	1.500
<u>15-19</u>				
1 Dave Milner	6	18	3.000	.500
2 Rick Harkenrider	3	5	1.667	.556
3 Gary Williams	4	9	2.250	.563
Vince Quinones	4	9	2.250	.563
5 Mark Herndon	1	1	1.000	1.000
Tim Merz	1	1	1.000	1.000
Kenny Williams	2	4	2.000	1.000
8 Phil Herndon	2	7	3.500	1.750
9 Jerry Ziegler	4	36	9.000	2.250

20-24

1 Tom Loucks	6	6	1.000	.167
2 Mike Bultemeier	5	8	1.600	.320
3 Jerry Williams Jr.	7	18	2.571	.367
4 Brent Munro	5	21	4.200	.840
5 Tim Bowman	5	26	5.200	1.040
6 Tim O'Conner	2	7	3.500	1.750
7 Bob Smith	3	16	5.333	1.778
8 Dan Moord	2	11	5.500	2.750
9 David Roehling	2	16	8.000	4.000
10 Jim Bushey	2	17	8.500	4.250

25-29

1 Phil Suelzer	7	7	1.000	.143
2 Rick Reitzug	5	11	2.200	.444
3 Jerry Mazock	5	13	2.600	.520
4 John Treleaven	7	35	5.000	.714
5 Steve Gradeless	2	4	2.000	1.000
6 Jim Anderson	5	26	5.200	1.040
7 Paul Beckwith	3	10	3.333	1.111
8 Tony Gatton	4	23	5.750	1.438
9 Mike Stieglitz	2	7	3.500	1.750
10 Eric Thorn	5	45	9.000	1.800

30-34

1 John Kline	7	18	2.571	.367
2 Steve Foster	6	16	2.667	.444
3 Pat Davis	2	2	1.000	.500
4 Dan Kaufman	5	13	2.600	.520
5 Gary Dexheimer	3	7	2.300	.778
6 Dennis Kroells	6	34	5.667	.944
7 John Schwarze	7	58	8.289	1.184
8 Mike Robbins	7	64	9.143	1.306
9 Bob Nunley	5	38	7.600	1.520
10 Larry Shivley	4	25	6.250	1.563
11 Tom Gerbers	3	18	6.000	2.000
Phil Lockwood	1	2	2.000	2.000
13 Jeff Schneider	2	9	4.500	2.250
14 John Heath	4	44	11.000	2.750
15 Art Obregon	3	28	9.333	3.111

35-39

1 Bob Bruckner	6	8	1.333	.222
2 Don Lindley	8	28	3.500	.436
3 Mike Hill	5	11	2.200	.444
4 Ron Motycka	8	44	5.500	.688
5 John McMillen	3	7	2.333	.778
6 Steve Adkinson	6	53	6.625	.828
7 Dave Waldrop	7	50	7.148	1.020
8 Barrie Peterson	8	78	9.750	1.219
9 Dave Fairchild	4	21	5.250	1.313
10 Wayne Schaltenbrand	2	7	3.500	1.750

40-44

1 Joe Barile	6	7	1.167	.194
2 Charlie Brandt	7	19	2.714	.388
3 Woody Barker	7	22	3.143	.449
4 Larry Averbeck	6	17	2.833	.472
5 Lynn Milner	5	64	8.000	1.000
6 Robert McCuan	8	29	5.800	1.160
7 Leland Sibrel	6	46	7.667	1.278
8 Bob Harter	4	32	8.000	2.000
Bob Stiffler	3	18	6.000	2.000
10 Dan Babcock	5	55	11.000	2.200

45-49

1 Bill Schmidt	8	9	1.125	.141
2 Joe Ziegler	8	22	2.750	.344
3 Herb Chandler	8	33	4.125	.516
4 Larry O'Herron	8	50	6.250	.781
5 Chris Stauffer	3	6	2.000	1.000

45-49 cont.

6 Don Goldner	5	26	5.200	1.040
7 Dick Clevenger	2	5	2.500	1.250
8 Dave Wilson	4	29	7.250	1.813
9 Ron O'Beiene	2	8	4.000	2.000
10 Rudi Florriech	5	52	10.400	2.080

50-59

1 Myron Meyer	5	5	1.000	.200
2 Giles Tomlinson	4	5	1.250	.312
3 Mike Kast	3	5	1.666	.555
4 Vern Chovan	5	15	3.000	.600
5 Curtis Nold	7	30	4.286	.612
6 Gene Striggle	3	6	2.000	.667
7 J.P. Jones	7	35	5.000	.714
8 Gene Whitacre	3	8	2.666	.889
9 Ross Moyer	7	58	8.286	1.184
10 Alfred Moore	5	34	6.800	1.360

60-over

1 Al Gumbert	5	7	1.400	.280
2 Chet Fleetwood	2	2	1.000	.500
3 Jack Garner	1	3	3.000	3.000

This listing of age records includes the results of the three previous runnings of the Lincoln 10,000. The first year's results that were provided for me contained no listed ages for the participants and those ages had to be arrived at by going over results of other races, which indicates there could be some errors and/or deletions from this list. If so, contact me and I will correct in next month's newsletter.

This list of records may be interesting to track club members for several reasons: (1) Information - some people may be surprised to find that they're the "fastest" for a given age; (2) Statistics - analyzing the effect age and sex has on the times; (3) Goals - for those runners with the ability and determination to go for one of the records.

In analyzing these records it is recognized that some of them are rather "soft" and could be achieved by a runner of even modest ability. On the other hand, records like Mara Matuszak's (age 9 in 1980) and Jack Garner's (age 75 in 1980) are extremely good and represent top efforts even in comparison with national statistics. This list will be updated using the results of the Home Loan 10K in October. So take a good look at the best time for your age and maybe you'll decide your name could be on it.

Phil Suelzer
FWTC Statistician

<u>Age</u>	<u>Name (Male)</u>	<u>Time</u>	<u>Year</u>
7	Brian Lindley	63:30.1	1979
8	Bobby Wiersma	51:52.8	1980
9	Matt Matuszak	39:51.4	1979
10	Matt Matuszak	38:16.0	1980
11	Steve Ely	47:16.1	1980
12	Robert Cotton	36:51.3	1980
13	Jim Hiester	39:51.4	1980
14	Tom Shank	36:31.9	1978
15	David Hess	35:18.4	1980
16	John C. Ely	34:09.7	1980
17	Mike Frazier	34:31.7	1980
18	Manuel T. Martinez	34:50.7	1980
19	Dave Bussard	32:24.6	1979
20	Tom Lower	32:03.4	1980

				<u>Age</u>	<u>Name (Female)</u>	<u>Time</u>	<u>Year</u>
21	Tom Loucks	32:23.0	1980	8	Mara Matuszak	43:26.0	1979
22	Dexter Lehman	31:20.0	1979	9	Mara Matuszak	39:00.8	1980
23	Craig Virgin	29:53.3	1978	10	Alma Marie Ojeda	46:35.4	1979
24	Bill Lundberg	30:24.1	1979	11	Alma Marie Ojeda	41:26.3	1980
25	Steve Heidenreich	32:02.6	1978	12	Stormi Guntsch	41:37.2	1979
26	Dan Cloeter	30:36.1	1978	13	Tammy Caston	46:13.8	1980
27	Bill Gavaghan	31:31.4	1978	14	Kristi Walker	38:52.2	1979
28	Taylor Oliver	31:09.9	1980	15	Kristi Walker	39:34.2	1980
29	George Cook	32:28.0	1980	16	Lora Cartwright	40:08.9	1978
30	Kermit Welty	32:58.6	1979	17	Jennifer Joyce	42:56.6	1980
31	James Shonkwiler	32:18.7	1980	18	Pam Herber	44:05.4	1979
32	Chuck Koeppen	32:12.9	1978	19	Mary Ann Cox	44:19.7	1980
33	Chuck Koeppen	32:38.9	1979	20	Cindy Spieth	49:33.3	1980
34	Patrick Davis	32:43.9	1980	21	Patty Wunderlich	46:36.8	1979
35	Robert Bruckner	36:16.5	1980	22	Cindy Goller	42:12.4	1978
36	John McMillan	37:02.0	1980	23	Cindy Goller	42:51.2	1979
37	Tom Voigt	39:16.4	1980	24	Theresa Mundinger	41:02.0	1980
38	Rex Reed	37:01.6	1979	25	Molly Driscoll	53:23.0	1979
39	Gus Kuhn	37:53.7	1979	26	Madeline Gutwein	45:00.3	1980
40	Charles Brandt	35:52.4	1980	27	Sandra Wellwan	44:00.1	1980
41	Carl Carey	34:11.6	1978	28	Karen Jo White	45:29.4	1980
42	Jack Morris	36:38.6	1980	29	Deborah Gering	50:34.9	1979
43	Joe Barile	35:47.7	1980	30	Karen MacHarg	36:22.8	1978
44	Bill Schmidt	36:23.2	1979	31	Karen MacHarg	37:17.5	1979
45	Bill Schmidt	36:29.5	1980	32	Barbara Couch	43:38.4	1978
46	Jim Caviness	35:42.5	1979	33	Barbara Couch	41:35.8	1979
47	Jim Caviness	35:32.6	1980	34	Betty Hite	41:00.0	1980
48	Clyde Shank	42:12.5	1980	35	Donna Pfeffer	42:22.0	1980
49	Mike Kast	40:49.2	1979	36	Ann M. Jamison	47:03.7	1980
50	Bob Weltz	41:34.0	1980	37	Roberta Widman	48:46.9	1979
51	Jim Blount	38:21.3	1980	38	Roberta Widman	47:57.9	1980
52	Myron Meyer	38:43.1	1979	39	Dianna Zapp	52:46.3	1980
53	Myron Meyer	36:52.6	1980	40	Jeanne Fick	59:19.4	1980
54	Wendell Adams	49:00.5	1980	41	Judy Watkins	47:34.1	1980
55	Giles Tomlinson	40:47.3	1980	42	Rebecca Stark	53:57.9	1980
56	Frank Gallucci	45:13.4	1980	43	Wilma Kyle	50:15.8	1979
57	John Lescak	44:29.7	1980	44	Wilma Kyle	45:41.0	1980
58	Lee T. McCoy	47:13.3	1979	45	Adelma Waltenburg	53:53.0	1980
59	Wendell Parson	44:34.0	1979	46	Edith Kierstead	61:38.6	1980
60	Wendell Parson	42:36.0	1980	47	Pauline Augsburg	55:25.5	1979
61	Chet Fleetwood	48:18.6	1980	48	Pauline Augsburg	60:25.0	1980
62	Paul Randall	48:58.9	1979	49	Barbara Reynolds	68:45.1	1980
63	Paul Randall	52:09.6	1980	50	Vivian Kawa	48:38.5	1980
64				51	Mary Ellen Johnson	55:43.9	1979
65				52	Jacquie Peterson	65:18.5	1980
66				53	Pat Keenan	66:49.5	1979
67				54	Wiladena Shively	63:35.1	1979
68				55	Wiladena Shively	62:43.5	1980
69				56			
70				57	Margaret S. McCoy	54:30.1	1979
71				58			
72	Gene Crance	64:07.1	1979	59	Goldie McIntosh	77:35.1	1979
73				60			
74	Jack Garner	62:48.0	1979	61			
75	Jack Garner	54:36.6	1980	62			
				63			
				64	Ruth Dumas	74:07.0	1979
				65	Ruth Dumas	76:12.2	1980

COLUMBUS MARATHON UPDATE - Contrary to rumors circulating around the Ft. Wayne area in recent weeks, the Columbus Marathon, scheduled for October 11, is not closed. The deadline for entries is Oct. 1.

ATHLETIC ATTIC SYMMER 5,000
(2nd race Marion Triple Crown)
August 1, 1981

Sponsors: Athletic Attic, WMRI Stereo 107 FM, Grant County YMCA

Temperature: 70 Humidity: 62%

Registrants: 223 Starters: 198 Finishers: 193

Course: 5,000 meters, relatively flat with one long downhill and then uphill. Lay-out of the course was a series of four loops that could best be described as a pretzel.

1 Mark Diveley	14:29.4	61 Raymond Adams	18:18.3
2 DeWayne Allen	14:31.5	62 Jeff Merritt	18:20.8
3 Doug Osborn	14:45.6	63 Marty Koenemann	18:21.8
4 Tom Loucks	14:48.6	64 Betty Hite	18:24.0
5 Jeff Shoemaker	14:50.4	65 Chuck Willcox	18:27.6
6 Phil Treckman	15:20.6	66 Erick Thorn	18:29.7
7 Jim Needler	15:22.0	67 Jerry Girardot	18:37.9
8 Mike Staubaugh	15:31.4	68 DeWain Cobbs	18:42.1
9 David Fleece	15:40.5	69 Ron Gregg	18:44.1
10 David Schmidt	15:47.0	70 John Sives	18:44.6
11 John Ely	16:01.0	71 David Fry	18:50.1
12 Gary Hall	16:05.5	72 Evan Achenbach	18:54.5
13 Richard Strehler	16:17.1	73 John Cruz	18:58.6
14 Tim Grant	16:20.6	74 Jack Illingsworth	19:03.3
15 Bill Hendey	16:22.8	75 Jeff Lomont	19:05.0
16 Paul Sibray	16:24.5	76 John Yantiss	19:14.1
17 David Smiley	16:29.2	77 Karl Boyd	19:21.7
18 Bryant Lambert	16:32.4	78 Jack Whittingham	19:31.2
19 Marty Morgan	16:35.1	79 Laura Kerri	19:41.2
20	16:35.8	80 Fred Nolting	19:42.6
21 Paul Day	16:37.6	81 Rich Miller	19:44.3
22 Tim Purdom	16:42.0	82 Donald Kearney	19:44.6
23 Brent Spencer	16:45.5	83 Dave Falbert	19:48.7
24 Keli Hamilton	16:52.2	84 Erick Soderquist	19:49.2
25 Lee Davison	16:54.3	85 Dick Duke	19:58.1
26 Joe Dewalt	16:55.1	86 Edward Hart	19:48.9
27 Jim Vierzba	16:57.8	87 Brent Chapman	20:01.3
28 John Norris	16:59.7	88 Lynne Bennett	20:01.7
29	17:01.9	89 Trent Cozad	20:07.0
30 Roberto Sanchez	17:03.1	90 Jill Thiele	20:09.4
31 Larry Emmons	17:11.6	91 Dale Sullivan	20:12.3
32 Kenneth France	17:12.1	92	20:17.1
33 Mark Gluff	17:15.5	93 Larry Ballinger	20:18.1
34 Kris Airgood	17:17.1	94 Wendall Parson	20:18.6
35 Randy Palmer	17:18.2	95 Randy Hoch	20:18.9
36 Stephen Dearing	17:24.0	96 Fred Moon	20:23.7
37 Lynn Armstrong	17:25.3	97 Erick Helm	20:24.3
38 Gary Helmrich	17:25.8	98 Scott Trimble	20:27.4
39 Derek Achenbach	17:27.7	99 Cary Grossman	20:29.6
40 Chris O'Bryhim	17:28.5	100 Matt Kreigbaum	20:32.7
41 John Saler	17:29.1	101 Terry Ward	20:35.6
42 Brad Shroock	17:29.7	102 Evelyn Leiter	20:36.3
43 Bob Anderson	17:37.9	103 Charles Sargent	20:40.0
44 Patrick McGray	17:40.3	104 Tonda Yeager	20:41.2
45 Brad Hess	17:41.9	105 Todd Guerrero	20:44.4
46 Jeff Plummer	17:48.3	106 Terry Ritchie	20:46.9
47 Jim Orrell	17:52.2	107 Jim Malone	20:47.4
48 Myron Meyer	17:55.2	108 Greg Hutte	20:52.3
49 David Lamm	17:58.1	109 Ron Wallace	20:54.6
50 Merlin Fights	18:00.0	110 John Safian	20:55.0
51 Steve Smith	18:00.9	111 Tracy Lester	21:02.6
52 Chris Myers	18:08.2	112 Dennis Murphy	21:07.2
53 Chris Potee	18:09.2	113 Bruce Pratt	21:08.7
54 Rick Kerr	18:10.6	114 Dick Burcard	
55 Matt Dickey	18:12.3	115 Cliff Delacroix	
56 Martin Brown	18:13.0	116 David Nesper	
57 George Branam	18:14.7	117 Walter Lee	
58 Mack Rush	18:15.2	118 Steve Oser	
59 Timothy Wood	18:16.1	119 David Quinones	
60 Kyle Fluoke	18:16.7	120 M.P.Guerrero	

121 David Havens	21:13.8	159 John Alvey	24:27.7
122 Barbara Hoffman	21:17.0	160 Susan Nesper	24:30.9
123 Charles Adams	21:29.5	161 Nanci Horsman	24:52.6
124 Mike Springer	21:30.6	162 Chuck Arch	25:06.1
125 Time Macy	21:32.3	163 Ann Strehler	25:34.0
126 Constance Olson	21:35.2	164 Matt Flowers	25:40.3
127 Leo Milluns	21:38.0	165 Brian Rickey	25:40.6
128 James Widmeyer	21:44.0	166 Dave Wall	25:46.5
129 Glen Peacock	21:52.1	167 Dan Emrick	25:50.1
130 Jane Hemmick	21:57.0	168 Steve Boller	25:57.9
131 Michael Adams	22:18.1	169 Joseph Brow	26:05.9
132 Betty Ann Jackson	22:18.8	170 Jennifer Hancock	26:18.3
133 Molly Wilmer	22:26.5	171 David Turner	26:29.4
134 Frank McLane	22:27.3	172 Susan Bove	26:31.9
135 Roger Howell	22:28.2	173 Patricia Geire	26:42.0
136 Carol McCray	22:32.5	174 Renee Emerick	26:51.0
137 Peter Case	22:33.1	175 William Sheridan	27:24.7
138 Damon Howell	22:42.4	176 Luther Kimes	27:30.7
139 Chad Guerrero	22:42.9	177 Judi Masteller	27:37.4
140 Andrew Venezia	22:44.1	178 Keith Radke	28:01.9
141 Steve Pruitt	22:44.5	179 Sue Markey	28:16.0
142 Jeff Davis	22:47.0	180	28:29.1
143 Mike Buis	22:50.5	181 Cindy Brown	28:31.1
144 Dan Scott	22:57.1	182 Sean Ream	29:17.0
145 Richard Gerren	23:07.6	183 Donald Endsley	29:49.8
146 Jack Bickel	23:09.4	184 Wayne Caldwell	29:57.2
147 Roger Howell	23:19.8	185 David Barley	30:09.8
148 Brent Lindvall	23:27.8	186 Pat Gick	30:31.0
149 James Kreigbaum	23:28.7	187 Liz Goodpaster	30:57.5
150 David Cox	23:30.4	188 Sherry Holland	33:13.9
151 Jim Hite	23:32.2	189 Richard Grose	34:15.8
152 Rich Adams	23:46.7	190 Angie Guerrero	36:34.3
153 Larry Walker	23:49.4	191 Elaine Mathis	36:35.8
154 Pat Hart	24:04.3	192	
155 Morrie Millspaugh	24:06.7	193 Betty Corcoran	
156 David Brown	24:18.1		
157 Ed Delery	24:23.6		
158 Jeanne Silveus	24:27.1		

AGE GROUP WINNERS

MEN

18-under	David Fleece	15:40.5
19-24	Tom Loucks	14:48.6
25-29	Mark Diveley	14:29.4
30-34	David Schmidt	15:47.0
35-39	DeWain Cobbs	18:42.1
40-49	Bill Hendey	16:22.8
50-59	Myron Meyer	17:55.2
60-over	Wendell Parson	20:18.1
Hvwt	Kris Airgood	17:17.1

WOMEN

18-under	Jill Thiele	20:07.0
19-29	Tracy Lester	20:47.4
30-39	Betty Hite	18:24.0
40-49	Evelyn Leiter	20:29.6
50-over	Betty Corcoran	

!!! HELP WANTED !!!

!!! HELP !!!

!!! HELP WANTED !!!

Steve Foster is in need of volunteers for the Home Loan 10 km.
Anyone interested should call Steve at 486-4304.

SECOND ANNUAL OLD SETTLERS DAY
10,000 METER ROAD RACE
July 18, 1981

Age Group	Finish Time	Name
26	34:29.6	Doug Sundling
2	35:13.4	Mike Kempner
3	35:21.7	Ron Fepfle
4	35:37.6	Brent Edwards
17	36:12.0	Bobby Reveal
5	36:19.5	Martin Barry
6	36:23.2	Mark Furtics
8	36:46.0	Hal Pearson
9	37:07.9	Mark Moore
10	37:08.5	Bill Andrews
11	37:55.1	Bill Blosser
12	37:58.9	Chuck Clendennen
13	38:09.1	Matt Swales
14	38:40.2	Tom Cleveland
15	38:51.7	Jack Morris
16	38:55.3	Todd Rigelman
22	38:58.0	Dave Smith
18	39:10.8	Brett Born
14	39:18.8	Mike Kold
16	39:29.2	DeLynn Claxton
18	39:33.7	Chris Edington
22	39:37.0	Phil Miller
10	39:37.5	Brian Felkington
2	39:38.1	Bob Kethcart
4	39:50.8	Mike Moore
19	39:53.2	Craig Huss
29	40:04.0	Mike Sheehan
3	40:13.2	John E. Buhler Jr.
4	40:47.9	Ken King
3	40:54.3	Tom Tucker
3	40:57.4	Christopher McCoy
11	41:03.9	Ken White
6	41:27.4	Gary Dunn
4	41:36.0	Tim Fleming
35	41:43.5	Betty Hite
5	41:49.0	Dave Roehling
12	42:11.2	Park Ginder
7	42:20.0	Stan Dowell
4	42:41.1	David E. Boylan
5	42:48.9	Fred Stoffel
8	42:50.8	Doug Bobilya
3	42:54.1	Bill Chapman
6	43:14.3	Allen L. Wood
7	43:16.3	David T. Gelfer
2	43:24.2	J. Richardson
4	43:27.9	Robert Gensheimer
7	43:37.3	Harty Shook
6	44:02.4	John Lefever
4	44:18.2	Randy Yanger
8	44:23.5	Luke M. Grossman
5	44:25.9	Terry Hautsch
13	44:27.4	Abbot A. Smith
9	44:27.9	C. Zumbaugh
25	44:28.9	Jeffrey L. Gipe
6	44:36.3	Dick Duke
7	44:38.1	Dick Hadley
14	44:39.1	Jeff Messman
8	44:41.1	Gary Dillon
9	45:00.5	Victor Rutkoski, Jr.
1	45:03.5	Sue Garner
15	45:12.5	Tony Phillips
23	45:13.2	Mark Gruwel
9	45:20.5	Roy M. Bell

64	28	45,23.2	10	Michael Gasper
65	15	45,29.2	16	Robert Mallice
66	15	45,46.7	17	Joe Merryman
67	13	45,51.3	6	Jody Herendeen
68	45	45,57.8	7	Craig L. Miller
69	27	46,08.4	11	Larry Ahlensmeyer
70	35	46,12.8	10	Ron Lipply
71	18	46,20.6	1	Owbt Rosdl
72	34	46,21.4	8	Russ Grose
73	32	46,32.8	9	Mike Cleveland
74	39	46,36.6	11	Lou Johnson
75	34	46,44.7	10	Red McElhanev
76	23	47,23.9	10	Tim Moore
77	19	47,32.0	11	Ayron Centeros
78	15	47,35.1	11	Jon Vaught
79	36	47,35.9	12	Jack D. Diller
80	24	47,38.9	12	David Kitzmiller
81	37	47,43.0	13	Jerry Sanders
82	26	47,44.0	12	Thomas Frantz
83	15	47,45.2	2	Carla Clouse
84	30	47,45.9	11	Ric Benz
85	34	48,03.7	12	John H. Supplee
86	45	48,07.9	8	Alan R. Grinsfelder
87	15	48,10.7	19	Mike Zumbaugh
88	15	48,11.1	20	Jefr Geller
89	18	48,11.9	21	Brad Farber
90	33	48,15.5	13	Jim Stapel
91	41	48,20.0	3	Trina Chapman
92	48	48,21.5	9	Richard W. Gaskill
93	31	48,26.0	14	John W. Sarfan
94	48	48,30.4	10	James O. Peppler
95	25	48,35.9	13	Doug Schwarz
96	27	48,42.3	14	Greg Hütte
97	47	48,46.5	11	Rudl Florreich
98	23	48,47.6	13	Steve Clendenen
99	36	48,51.4	14	Tim Flenner
100	25	48,57.4	1	Robin Zeigler
101	33	49,02.8	15	Bruce White
102	19	49,10.6	14	Ron Chapman
103	16	49,18.1	22	Stan Reed
104	15	49,20.7	23	Dave Subkowski
105	15	49,21.7	24	Jason Meyer
106	34	49,25.0	16	Cliff Delacroix
107	39	49,30.6	15	Larry Lant
108	32	49,42.6	1	Kathy Letstikow
109	29	49,43.3	15	Mike Pressler
110	24	49,45.1	1	Mary Casey
111	15	49,50.5	4	Dianne White
112	31	49,51.2	17	Leif Smedberg
113	34	49,52.8	18	John Bloom
114	32	50,01.0	19	Sam McMillen
115	47	50,07.1	12	Donald Peak
116	16	50,09.4	5	Lisa Johnson
117	17	50,10.1	25	Tom McGuy
118	37	50,11.2	16	Bill Horoho
119	13	50,13.5	1	Garrte Grise
120	13	50,20.3	7	Kevin Mishler
121	52	50,23.5	1	John Hlker
122	30	50,44.0	20	Keth Demeritt
123	12	50,44.7	8	Ryan Hill
124	32	50,54.7	21	Stephen Simons
125	19	51,05.0	15	Bret Carpenter
126	33	51,09.0	22	Dale Thompson
127	11	51,10.7	6	Mary Zimmerman
128	18	51,20.3	9	Scott Hungerford
129	39	51,26.1	17	Dale Zumbaugh
130	23	51,30.4	16	D. Bartolin
131	27	51,41.3	16	Joe Patterson

132	16	7	51:42.8	Lee Grise
133	19	10	51:55.6	Greg Francis
134	35	2	51:58.1	Marsha Schmidt
135	32	24	51:59.3	Steve King
136	40	13	51:08.4	Lee Conkey
137	23	16	52:10.8	Greg Hughes
138	29	17	52:22.2	Terry Whitaker
139	20	17	52:22.8	Kevin Lowen
140	20	18	52:23.5	Kevin Jackson
141	34	2	52:32.0	Mercedes Cox
142	34	25	52:36.2	Bob Grawcock
143	38	18	52:55.3	Walt Gilbert
144	14	2	52:59.8	Amy Clouse
145	44	14	53:01.2	Bob Wakeland
146	25	18	53:05.1	Joel Pendleton
147	22	19	53:05.8	Mike Wilson
148	24	20	53:07.8	Kenny Miller
149	10	3	53:23.8	Amy Lefever
150	39	19	53:24.5	Max Lefever
151	22	21	53:25.2	Dave Herendeen
152	58	2	53:41.0	Dave Cox
153	20	2	53:44.5	Laurie Gansheimer
154	29	19	53:45.3	Bruce Hamilton
155	9	11	53:51.6	Peter Simons
156	28	20	53:52.2	Karl Mohr
157	17	8	54:01.4	Loraine Westrick
158	20	3	54:10.5	Cheri Hostetler
159	17	9	54:24.3	Janine Carrier
160	13	12	54:26.0	Tony Prickett
161	30	26	54:35.2	Charles Smith
162	42	15	54:40.4	Al Shifflett
163	33	27	55:01.3	Jim Johnson
164	35	20	55:15.4	Doug Herendeen
165	22	4	55:29.9	Jennifer Tuttle
166	32	28	55:53.1	Mark Skies
167	20	22	56:08.6	Jonathan Myers
168	53	3	56:15.3	Claude Keller, Jr.
169	38	21	56:24.2	Gary Mitchell
170	13	13	56:25.1	Joe McManama
171	13	14	56:36.1	Dan Miller
172	32	29	56:44.0	Jim (Moose) Heuer
173	11	15	56:44.7	Shawn Clem
174	14	16	56:46.1	Jeff Harker
175	34	30	57:00.1	Dennis Graham
176	33	31	57:10.1	John Hetherington
177	41	16	57:12.3	R.M.Rogan
178	39	22	57:15.5	John Barrett
179	54	4	57:16.1	Jim Allman
180	24	5	57:16.8	Cindy Sue Furks
181	13	4	57:17.8	Kelly Muter
182	47	17	57:42.2	Jack Ade
183	38	23	57:50.9	Leslie Sutton
184	23	6	57:51.6	Susan Hoppe
185	40	18	57:57.0	Robert Thrush
186	24	23	58:09.9	Ric Clapp
187	30	3	58:19.8	Susan Farnsley
188	12	17	58:29.3	Darrin Geiger
189	21	7	58:42.5	Joyce Rhodes
190	39	3	59:18.7	Dana Zumbaugh
191	28	21	59:24.0	Barry Gruesbeck
192	31	5	59:28.1	Julie Haynes
193	21	8	59:38.7	Deb Carson
194	21	24	59:41.8	Kevin Macy
195	22	25	59:50.8	Munson Fry
196	31	32	60:13.8	Mike Berry
197	34	4	60:17.3	Roni Erbe
198	13	18	60:19.8	Jeff McCoy
199	20	26	60:20.4	Mike Burris

Dear Dave:

I am enclosing the final results for the Second Annual Old Settlers Day 10,000 Meter Race and Fun Run, Columbia City, July 18, 1981, results in THE INSIDE TRACK.

I would like to give a special thanks to Mike Hill for bringing the timing equipment with him, this really helps make our job of putting on a race a lot easier. Also for advertising our race in the news-letter.

LETTERS TO THE EDITOR



THE OLD SETTLERS DAY 10,000 METER RACE COMMITTEE THANKS ALL RUNNERS FOR THEIR PARTICIPATION IN THE 2ND ANNUAL RACE. WE WOULD APPRECIATE ANY REMARKS CONCERNING THIS YEAR'S RACE.

Carl Fields, Race Director
535 North Line Street
Columbia City, IN 46225

200	28	60:32.9	Gary Windmiller
201	48	51:12.5	Hope Rapp
202	24	61:44.9	Dean C. Hadley
203	47	62:11.1	Don Rhoades
204	24	62:11.5	Bob Ewing
205	37	62:43.1	Richard Murphy
206	23	62:48.2	Kevin Tripcony
207	31	63:27.4	Joe Hillger
208	36	63:29.6	Ann Dillon
209	13	65:31.6	Angela Hetherington
210	55	65:38.2	James E. Lee
211	33	65:52.3	Vic Duesel
212	14	65:55.8	Bill E. Smith
213	57	66:19.6	Cal Armstrong
214	24	66:24.2	Gloria Ambrose
215	45	66:30.6	George M. Walter
216	38	68:26.5	Jack Simons
217	34	68:52.4	Larry Schmoekel
218	14	69:10.3	Deanna Albaugh
219	15	69:10.8	Libby Scheiber
220	29	69:38.1	Keith Petre
221	23	69:51.5	Laurie Denoyer
222	25	70:23.6	Lisa Fry
223	13	71:43.9	Mike Snyder
224	40	72:18.7	Dave Cenceros
225	13	72:58.7	Valerie Brock
226	35	73:04.3	Dave Brock
227	13	75:47.5	Doug Pulley
228	14	76:48.6	Jennifer Zimmerman
229	33	77:10.0	Becky Barnes
230	44	77:19.2	Jim Espich
231	42	77:23.5	Jo Ann Espich
232	27	78:49.7	Libby Dennison

Who took my place in the photographic contest as the most wiped out in the marathon this year? Congratulations to my replacement... It's a hard reputation to live up to.

My new address is: 290 Pleasant St., Apt. 2, Leominster, MA 01453.

But - I love it. It's good to be home with some new running challenges ahead. Running is big here, but the competition is stiff, especially since there is a lot of interstate travelling for small road races. So, I am threatened by New Yorkers as well as all of New England.

I have no alternative but to run hills. I did finally find a track. I'm going to have to do some flat running in training - plus some intervals to help me along. All these hills have made me lose five pounds (just what I needed to do) and my legs are already getting muscular. All of the male and female runners here are extremely muscular. I'm the only distance runner here). The course consisted of 1.6K flat, 3.4K steep hill - then the reverse. What a killer! I placed 3rd woman overall (no age categories) with a time of 41:05 (a PR).

Two weeks ago I ran a 10K in celebration of an annual Finnish Festival. Half of the runners did not speak English. This race was in Fitzburg where I work. Fitzburg is the second hilliest city in the nation (not a particularly wonderful place for LSD runners - in fact, I'm the only distance runner here). The course consisted of 1.6K flat, 3.4K steep hill - then the reverse. What a killer! I placed 3rd woman overall (no age categories) with a time of 41:05 (a PR).

The race was one of the Natural Light Half Marathon Series. There were at least 1500 runners - the race was well organized and lots of fun. It was 95 degrees but there was a cool ocean breeze. Cape Cod is a peninsula - a vacation hotspot in the East. So, I watched the boats, the ocean, the seagulls, while running the hilly course. The competition was UNREAL. I came in 432nd overall and 17th in my age group. The women who placed (1-5 places) in my age category (19-29) ran between 5-1/2 and 6 minute paces. Out of my league! Joan Benoit was the overall F winner. Can't remember the men's stats (sorry), I was too overwhelmed by the women. After the race there was plenty of food, fruit, soda and Natural Light Beer. What a party!! (My \$5.00 entry fee paid for the food and a T-shirt, too.)

Thought of everybody today, July 19 - Marathon Day. As for myself, I ran a half-marathon at Cape Cod today. I am choosing to forget my performance (95:10)... I had already tired myself out sight-seeing, climbing sand dunes and eating swordfish, scallops, shrimp, and haddock (Irish!) yesterday. Never again will I so indulge before a race.

NOTES FROM THE EAST
Jane Scarpino

This year's race was again hit with very hot and humid weather but this didn't hold down the times too much. Doug Sundling, Bluffton, won the Old Settlers 10,000 in a record time of 34:29.6. Doug improved his second place finish (36:32.8) of last year. Betty Hite, North Webster, won the women's title in a record time of 41:43.5, cutting 7.12 minutes off last year's record. We had 264 entries with 232 finishing the course. Carl Fields, Race Director

July 27, 1981

Dear Rick:

I had been planning to write you but it kept slipping my mind.

I just wanted to pass on the word that because of the battle mostly between American and United over who gets to take people to Honolulu, the air fares to the islands have dropped. Since the cost of our Honolulu Marathon tour is based on what we (all) pay to fly there, our prices have dropped similarly. For instance, the cost of our ten-day package has come down from \$1423 to \$1271. Cost of the week trip from \$1212 to \$1060.

Usually in this business we wind up passing on fare increases to the customer, so it is a pleasure to be able to announce a price cut. Anyway, if you get a chance, you might want to put a mention in the newsletter of our new prices.

Someone called over the weekend to ask if I were going to make your 50-miler. No. I had thought of it last winter, but I've had a few injuries and am doing very little volume training. One of these days I'm going to have to run an ultra, but it won't be this fall.

Regards,

s/Hal (Higdon)
Senior Writer
The Runner

Hello Fellow Marathoners:

I really haven't forgotten to send your entry form for the Fort Wayne Track Club Ultramarathon. I'm still putting the finishing touches on it. Things have been tied up a bit with acquiring sponsors but it's all beginning to come together now.

Here are a few things to give you an idea as to what will transpire here in Fort Wayne. It will all begin Saturday afternoon, October 31, 1981, with the nationally known author and ultramarathoner, Tom Osler. Mr. Osler will be speaking on the subject of ultramarathoning with an accompanying slide presentation. Runners may pick up their race packets at that time. The race will begin at 7:00 a.m. (EST), Sunday, November 1, 1981, at the North American Van Lines Headquarters here in Fort Wayne. The course is a 2-1/2 mile loop (certification pending). It begins in front of the N.A.V.L. office building continuing around the parking area (1/2 mile) and then out to low traffic, black top country roads. These will have traffic control for the runner's safety. The course then returns to its point of origin where the Aid Station and Timers will be located. You can go 60kms., 50 mi., 100kms., or whatever turns you on that day. Runners who complete 60 kms. or more will receive plaques and T-shirts for their efforts.

The Fort Wayne Track Club now has over one thousand enthusiastic members, the finest timing equipment and years of race organizing experience. As I have participated in twelve or so "Ultras" since 1979, I am well aware of what it takes to put a quality "ultra" together. I would like to emphasize that this race is for every caliber of runner and not just for the elite.

Please continue to be patient. You will receive your entry form in the near future. It will include details on the seminar and race and information concerning motels and restaurants, etc. The entry fee for the race will be \$5.00 with \$5.00 additional for the seminar.

Well, I'd better get going as I've plenty of work ahead. Hope to be seeing you all in the near future. Keep your miles up!

REGISTRATION FORM

run, jane, run

WOMEN IN SPORTS WEEKEND

5 KILOMETER RUN FOR WOMEN

SUNDAY, SEPTEMBER 27, 1981

TAH-CUM-WAH RECREATION CENTER

RACE BEGINS AT 9:00 A.M. (EST)

\$5.00 PRE-REGISTERED BY SEPT. 11

Mail check to:

Fort Wayne Women's Bureau, Inc.

P.O. Box 10554

Fort Wayne, Indiana 46853



The FORT WAYNE WOMEN'S BUREAU, INC.

and WMEE RADIO present

RUN, JANE, RUN: WOMEN IN SPORTS WEEKEND

5 KILOMETER RUN FOR WOMEN

FWWB WMEE

Sunday, September 27, 1981

Tah-Cum-Wah Recreation Center, 1701 Freeman, Fort Wayne

Pick up packets and late registration at 8:00 a.m.

Race begins at 9:00 a.m.

ENTRY FEE: \$5.00 pre-registered by September 11. \$6.00 day of race.

Trophies to youngest and oldest finishers

Trophies to first 3 finishers in each age category

Trophy to runner bringing in most money in pledges

T-shirts to all entrants

AWARDS CEREMONY at noon.

Restrooms available at Tah-Cum-Wah. Aid stations at mid-race

and finish. Chronomix computerized finish.

AGE DIVISIONS

19 and under

20 - 29

30 - 39

40 - 49

50 and over

* This is a fund-raiser for the Women's Bureau. Persons wishing to obtain pledges and become eligible for a get-away weekend, can get pledge sheets at the Bureau.

NAME

ADDRESS

CITY

ZIP

AGE (as of Sept. 27, 1981)

STATE

SIGNATURE

(parent or guardian if under 18)

T-Shirt size: SM MED LG X-LG

I WAIVE ANY RIGHTS I MAY HAVE AGAINST THE FORT WAYNE WOMEN'S BUREAU, INC., WMEE RADIO AND SPONSORS FOR DAMAGES OR INJURIES OCCASIONED BY MY PARTICIPATION IN THE RUN, JANE, RUN: WOMEN IN SPORTS WEEKEND 5 K. RUN. I ACKNOWLEDGE THAT I HAVE TRAINED SUFFICIENTLY TO PARTICIPATE IN THIS EVENT.



Professional Foot Care
at the Medical-Dental Pharmacy
Available
P. O. Box 10516
Fort Wayne, IN 46822
3000 Lake Ave.
Fort Wayne

Make check payable and send to McMillan Alliance
Cost: \$4.00 per person Enclosed
Parent's Signaturefor.....(child)
Parent's Signaturefor.....(child)
Parent's Signaturefor.....(child)
Signature.....
Date.....

I attest and verify that I have full knowledge of the risks involved in this event and have trained so that I am physically fit to participate in this run. I also accept full responsibility for my participation in this event and hereby release from any and all responsibility the McMillan Alliance, The Harold W. McMillan Center for Health Education, The City of Fort Wayne and any other club, agency, corporation, or business affiliated with this race, with respect to any damages, claims, demands or action stemming from or in any way with my participation in this event.

Signature required for participant under 16 years of age.
Liability waiver must be signed by each participant. Parent's
Name
Family Member
Sex Age Enter in Base(s) (letter) Shirt size

Enter me in Base(s) A B C D E (circle one or more)
Age Day of Race
Sex Telephone
Address
City State Zip
Name
Shirt size S M L XL (circle one)
CHILD size 6-8, 10-12, 14-6

Forms cannot be accepted.
Entry fee must accompany registration. Incomplete or unsigned

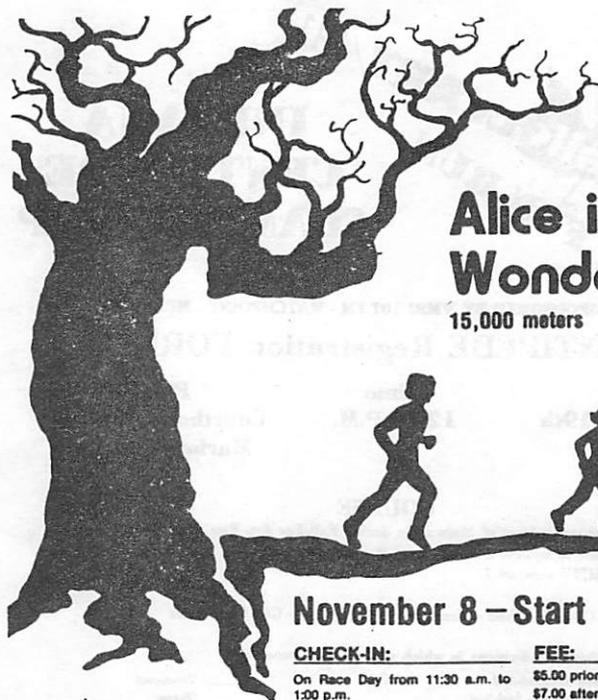
FOR ADDITIONAL INFORMATION: 424-2700 or 493-4765

Entry Fee is \$4.00 per person
Awards presentations (by Friday, Sept. 25) will receive a T-shirt and to the top finishers in each age division of the 4 mile run.
Awards will be presented to the winner of each race and
4 MILE RUN DIVISIONS (men and women) 11 and under • 12-17 • 18-29 • 30-39 • 40-49 • 50 and over

- 4:30 p.m. awards presentations in the pavilion
- 3:45 p.m. children's activities in the pavilion
- 3:30 p.m. 4 MILE CERTIFIED RUN
- 3:00 p.m. 1 mile family run
- 2:30 p.m. 1 mile run
- 2:15 p.m. 7-9 mile run
- 2:00 p.m. 4 mile gender: male run
- 1:00 - 2:00 - Registration (pick up booklets)



Third Annual RUN FOR HEALTH
Sunday, Oct. 4, 1981
Foster Park, Fort Wayne, IN
To Benefit the Harold W. McMillan Center
for Health Education



Alice in WonderRUN

15,000 meters

November 8 - Start 1:30 p.m.

CHECK-IN:

On Race Day from 11:30 a.m. to 1:00 p.m.

FEE:

\$5.00 prior to October 31
\$7.00 after November 1

CATEGORIES:

Female	Male	
18 & U	12 & U	40-44
19-29	13-15	45-49
30-39	16-18	50-54
40-49	19-24	55-59
50 & O	25-29	60-64
	30-34	65-69
	35-39	70 & O

COURSE:

This 15,000 meter course starts and finishes near the North Park Mall in Marion, Indiana. (Application has been filed for the course to be certified.)

Report to the west side of the Mall to complete final registration.

AWARDS:

To the top three in each age group or 10% of advance registration.

"Alice in WonderRUN" souvenirs to all pre-registered runners or while supplies last.

BROADCAST:

Live on stereo 107 FM

Entry Fee: \$5.00 prior to October 31 deadline; \$7.00 after deadline.

Entry fee must accompany registration

I attest and verify that I have full knowledge of the risks in this event and have trained so that I am physically fit to participate in this run. I also accept full responsibility for my participation in this event and hereby release from any and all responsibility Alice's Restaurant, Grant County, the City of Marion, North Park Mall and any other club, agency, corporation, business, and/or individual affiliated with this race, with respect to any damages, claims, demands, or action stemming from or in anyway connected with my participation in this event.

Name _____ Age _____ Sex _____

Address _____ City _____ Zip _____

State _____ Telephone (____) _____ Size-of-Shirt _____

Mail to:

Alice in WonderRUN
c/o Matchpoint Racquet Club
P.O. Box 509
Marion, IN 46952

(All applications must be signed with a guardian signing for any runner under the age of 18.)

Sponsored By



*Alice's
Restaurant*



INDIANA CENTIPEDE CHAMPIONSHIP

CO-SPONSORED BY WMRI 107 FM - MATCHPOINT - MEIS

CENTIPEDE Registration FORM

Date	Time	Place
September 19th	12:00 P.M.	Courthouse Square Marion, Indiana

COURSE

Start at courthouse in front of Main stage during Fall For Art. Run to Challenge Auto Parts and return to square, 2 miles. Start and finish of race will be televised by Bell Gallery and MCTV channel 7.

PRIZES INCLUDE: Trophies - Merchandise - Tee shirts - Gift Certificates

DIVISIONS (check all divisions in which you will be competing):

- | | |
|---|------------------------------------|
| <input type="checkbox"/> Mens Open 1st-2nd-3rd | <input type="checkbox"/> Youngest |
| <input type="checkbox"/> Womens Open 1st-2nd-3rd | <input type="checkbox"/> Oldest |
| <input type="checkbox"/> Clubs 1st-2nd | <input type="checkbox"/> Corporate |
| <input type="checkbox"/> Family 1st-2nd | <input type="checkbox"/> One Ten |
| <input type="checkbox"/> Most creative art form expressed during Race 1st-2nd | |

RULES

1. Minimum number of runners per centipede (4), Maximum unlimited.
2. All parts of the centipede must be connected with sturdy material.
3. Maximum length of connective material must still allow runners to place their hands on each other's shoulders.

ENTRY FEE: \$2.00 Per Person in centipede
(minimum: 4 maximum: unlimited). Pre-registration at Matchpoint 4589 North Wabash or send check with entry form to: Run for Art '81 Box 509, Marion, Indiana 46963

I acknowledge that I am voluntarily inclined to participate in this race and I hereby release from all claims of damage and demands arising from my participation in the FALL FOR ART RUN all sponsors, directors, officials and any other leaders, risk and/or individual attendant with this run. Please no guards must sign for participants under 18 years of age.

USE BACK OF THIS SHEET IF NEEDED - WE MUST HAVE NAMES OF ALL CERTIFIED MEMBERS

SIGNATURE

AGE ON SEPT. 19th

SEX

WEIGHT

LA GRANGE EXCHANGE CLUB
CORN SCHOOL ROAD RUN
OCTOBER 3, 1981

DISTANCE:

1 mile "Fun Run"
5000 meter run
10000 meter run

PLACE: LaGrange, IN

DATE: October 3, 1981

REGISTRATION: 8:00 A.M.

RUN TIME: 9:30 A.M.

REGISTRATION: Registration will begin at 8:45 in front of Carney's Decorating Center on State Road 9. Those who pre-registered may pick up their packet at the same time.

ENTRY FEE: \$5.00 per individual entered in the Corn School Road Run, provided completed entry is received by the race committee by Thursday, October 1, 1981. Late entries will be accepted thereafter at the rate of \$6.00.

All participants will be guaranteed a T-shirt. COMPLETED ENTRY FORMS

SHOULD BE MAILED TO: Road Run
503 Vine St.
LaGrange, IN 46761

AGE GROUPS:

Women: 18 and under 19-35 36 and over

Men: 18 and under 19-28 29-38 39-48 49 and over

AWARDS:

Medals will be awarded to the top 3 finishers in each age group. Medals will also be awarded to the oldest and youngest participants.

CORN SCHOOL ROAD RUN

NAME: _____ DISTANCE: 1 mile 5000 M 10,000 M

ADDRESS: _____

AGE: _____ SEX: _____ T-shirt size (circle one) S (34-36) M (38-40) L (42-44) XL (46-48)

I waive any rights I may have against the LaGrange Exchange Club officials and sponsors for damages or injuries occasioned by my participation in the Corn School Road Run on October 3, 1981.

Date: _____ Entrants's Signature: _____

if under 18, Parent or Guardian must sign here: _____

If mailing, send to: Road Run
503 Vine St.
LaGrange, IN 46761



FIRST ANNUAL
HUNTINGTON PARKS AND RECREATION DEPARTMENT

10K RACE

SATURDAY, OCTOBER 3, 1981

REGISTRATION: Huntington Neighborhood Recreation Center
745 Condit Street
Huntington, Indiana

10 K RUN: 9:00 AM
Entry Fee: \$5.00 pre-registration (through
September 26, 1981)
\$6.00 day of race

T-SHIRTS TO ALL ENTRIES

INFORMATION AND REGISTRATION:

Tracy Flynn, Race Director
Huntington Parks and Recreation Department
745 Condit Street
Huntington, Indiana

Phone: 219/ 356 - 6255
219/ 356 - 4510

T-Shirts and race packets may be picked up at the Huntington
Neighborhood Recreation Center prior to the race.

(Please cut here)

Huntington Parks and Recreation Department
10K application

NAME (print) _____ AGE _____ SEX _____

ADDRESS _____ CITY, STATE, ZIP _____

PHONE _____

In consideration of the acceptance of this entry, I waive for my-
self, my heirs, and my assigns, any and all claims for damage
against the Huntington Parks and Recreation Department and their
representatives for any and all injuries received during this event.
I attest that I am physically fit and sufficiently trained for
this event.

Signature (Guardian if under 18) _____



The 7th PARLOR CITY TROT—a Half-Marathon (13 miles, 192.5 yds.) held in Bluffton, Indiana on the last day of the Bluffton Free Street Fair

What's the course like?

Starting from downtown Bluffton in the heart of the carnival area & atmosphere of the Street Fair's Mid-Way, the course heads east out of town trotting past acres of genuine, 100% natural Indiana bean & corn fields intermingled with the fresh country air of cows & pigs. The course runs around the very verdant Ouabache State Park and then loops into the park circling Kunkel Lake where "the deer and the buffalo roam." The course returns to Bluffton along the "Banks of the Wabash" River on picturesque River Road.

AID STATIONS & SPLITS

There will be aid stations at the 3, 6, and 10 mile points and 3 other points. Splits will be given at miles 1, 4, 7, and 10.

plus ADDED THRILLS ---

Before and after, enjoy the excitement and carnival activity of one of the largest and longest running Street Fairs anywhere. The Street Fair covers and vibrates through the entire downtown district.

NRCC POINTS RACE

DATE: SEPTEMBER 26, 1981 AT 10:00AM

REGISTRATION & ENTRY: 8:00
 LATE REGISTRATION: 7:30 to 9:25 at Bluffton City building, 128 E. Market St. (this is one block east of the Court House) on the morning of the race. Runners should be in the gym at the City Building by 9:30 a.m. for final instructions. Come early as parking will be difficult due to the Street Fair.

DIVISIONS

FEEL	SCORE
under 16 40-49	under 16 36-39
16-22 50-59	16-22 40-49
23-29 60 &	23-29 50 &
30-39 over	over

the AWARDS

RUNNER'S NOTE: No one, but NO ONE in the Top 50 goes away empty-handed. KEY? Merchandise gift certificates to TCI 10 Men and TOP 5 Women; Trophies for places 11 through 25; Plaques for places 26 through 50; Medals with neck ribbons to winners of each age division and ribbons for next four. ALL RUNNERS: \$2 off large pizza at Bluffton Pizza Hut



T-SHIRTS TO ALL

I waive and release any and all rights and claim for damages against sponsors and/or officials of the Parlor City Trot for any injuries suffered during this event. I attest and verify that I am sufficiently conditioned to compete in this event. My signature indicates acceptance and acknowledgement of the above.

UNDER 18 SIGNATURE OF PARENT/GUARDIAN

Yes I have an annual entrance permit for Indiana State Parks

SIGNATURE _____
 NAME _____ AGE _____ SEX _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____

T-SHIRT SIZE _____
 S M L XL
 Return Entry to:
 Phil Lockwood
 P.O. BOX 457
 Bluffton, IN 46714

For further information: 2 Mile Fun Run
 call Phil Lockwood HALF MARATHON
 215-224-2410
 9 to 5 weekdays

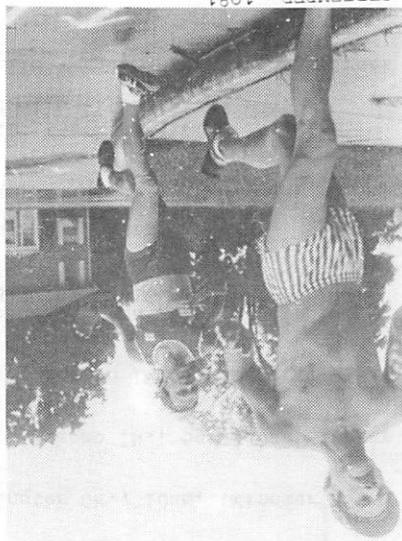
Race Calendar

By Tom Loucks
Calendar Editor



SEPTEMBER

- 1 CLUB KOKOMO RACE 5k X/C - Kokomo IN., 6pm, Ricke Stucker
317/457-0352
- 6 LABOR DAY 10,000 meter RUN - Upland IN., 4:30pm,
(Upland Lions Park), Ted Wright 317/998-2766
- 6 RAVENSWOOD 10 mile - Chicago (Foster Beach), 7:30am
Noel Nequin 878-8200 ext. 5327
- 7 BLUEBERRY STOMP 15k - Plymouth IN., 10am. Deadline
Sept. 1
- 7 REDBUSH PARK 4 mile RUN - Seymour IN., (Redbush Park),
9am, 812/497-2480
- 12 ROANOKE 10,000 meter - Roanoke IN., 9am Russ Grose,
672-3562
- 12 ROANN COVERED BRIDGE RUN 10 mile and 3 mile - Roann IN.,
8:30am 10 mile, Steve Bryant 317/985-2931
- 12 JAMBOREE JOG 10k - Montpelier IN., 4:30pm, Tom Schwarzkoph
317/728-5333
- 12 COVERED BRIDGE FESTIVAL 10k - Matthews IN., 9:15am, 317/
358-3697
- 12 RED LOBSTER/Z93 10k - Kokomo IN., 9am, Mel Coplin 317/
452-1289
- 12 CLAYPOOL 4 mile - Claypool IN., (Claypool School), 4:30pm
(1 mile fun run 4:00)
- 12 PORK FESTIVAL 10,000 - Tipton IN., 9:00am, (Tipton Middle
School), Jay Whelchel, Live Hog to overall winner.
- 12 GRAPE STOMP 10k - Berrian Springs MI., 10am IN. time,
Rod Goodchild 616/471-2011



Midwest Meet 8k

Leading Dan Kaufman in the

Steve Foster

- 19 TREE CITY RUN 10k - Greensburg IN., (YMCA), 10am, Paula Robinson 812/663-9622
- 19 STAMPEDE 10k and 5 mile - Elkhart IN., (Memorial HS), 9:30am
- 19 YELLOW RIBBON RUN 7 mile - Franceseville IN., 9am, Leroy Malchow 219/567-9587
- 19 POPCORN PANIC 5 mile - Valparaiso IN., (Courthouse Square) 7:45am CTD
- 19 INDIANA CENTIPEDE CHAMPIONSHIP - Marion IN., (Courthouse Square), 12 noon, see ad in this newsletter
- 13 GLASS CITY MARATHON - Toledo OH., 7am Ellsworth Shriver 419/247-1781 or 419/865-4763
- 13 MONTREAL MARATHON - Montreal, Quebec Canada
- 13 ESPRIT YOGURT RUN 10k - Kings Island Park, 8:30am, Bill Rogers is entered 513/729-4241
- 13 PWTC TWO MAN RELAY - Ft Wayne (Foster Park), 2pm, John McMillen 432-7311



Winning the Old Settlers Day Race
Doug Sundling

MARATHON OIL DOUBLE RUN FOR ARTHRITIS - Port Clinton/Put-In-Bay OH., 19th - 10k, 11am Island Park, 20th - Marathon 9am Port Clinton HS, Northwestern Chapter Arthritis Foundation 4/19/73-3349

19 NATIONAL ROAD RUN 10k - Richmond IN., (Downtown Promenade) 9am, Al Cook 317/962-5942, Duane Hodge in 317/935-5217 Pre and Post race blood pressures taken with results posted

19 HOMECOMING RUN 10k - Muncie IN., (Wes-Del HS), 10am, Mr. & Mrs. Lamar Bink 317/759-8310

19 RUN FOR HOME 10k - Lafayette IN., (Tippecanoe Co. Fairgrounds) 8am, Larry Miller 317/474-0756

19 RENDEVOUS RUN 5 mile - Rochester IN., (Bob Kerns Pine Woods) 10am, Fulton County Family Y 219/223-4697

26 PARTOR CITY TROT HALF-MARATHON - Bluffton IN., (Downtown) 10am, Phil Lockwood 219/824-2410 9 to 5 weekdays. Awards to top 50 plus age groups. See ad this issue

26 DANNON 30k - Indianapolis IN., (Fort Harrison), 7:30am

26 APPLE VOLK RUN 5 and 2 mile - Nappanee IN., 9am

26 SPRIDE FOR EPILEPSY 10k - Muncie IN., (Springwater Park) 10am, Bill Brendel 317/288-2036

26 CORY APPLE FESTIVAL 6 mile - Cory IN., 1pm, Richard Lockhart 812/448-2876

OCTOBER

3 LAKE CITY BANK 15k - Warsaw IN., (Fairgrounds), 10am, Athletic Annex 219/267-3883

3 BIG APPLE EIGHT 4 mile - Bloomfield IN., 1pm, Steve Jones 812/384-8021, 2 mile fun run

4 RUN RUN FOR HEALTH 4 mile - Ft Wayne (Foster Park), 3:30pm, Run runs - 2pm - 1 1/4, 1/2, 1 mile and 1/2 mile family run Maryann Felger 493-4765. See ad in this issue

4 AMJA ULTRAMARATHONS 50 mile and 100k - Chicago 7am First 50 entries only, no race day registration, Noel Neguin M.D., seminars on the 3rd

4 OKTOBERFEST CLASSIC 10k - Minster OH., 10am, (Minster HS) 4/19/628-3336, 2 mile fun run

6 CLUB KOKOMO RACE 5k and 15k - Kokomo IN., 6pm Rieke Stucker 317/457-0352

10 MATTER PARK X/COUNTRY 5 mile - Marion IN., 10am Kermit Welty 317/664-0621

10 AMERICAN NATIONAL BANK OCTOBER RUN 5k and 10k - Muncie IN., 9:15 for 5k, 9:45 for 10k, 317/747-7521. Pre-enter if possible

10 MINT CITY CLASSIC 10k - Bremen IN., 10am

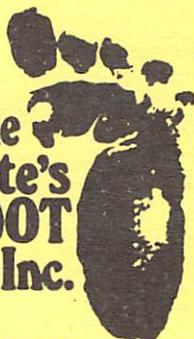
11 COVERED BRIDGE FESTIVAL 10 mile - Mansfield IN., 8am, Robert Lemont 317/344-1120

17 PENDLETON LIONS AUTUMN CLASSIC 15k - Pendleton IN., 1pm Jim Ashby 317/778-3657. 2.3 mile fitness run

17 DOUBLE EAGLE RUNS 5 and 10 mile - Indianapolis (Eagle Creek Park), 10am 317/293-4827

HAVE
A GOOD
DAY!

the
Athlete's
FOOT
Inc.



484-4322
STORE HRS.
DAILY 10 to 9
SUN. 12 to 5

GLENBROOK
SQUARE

VISA & MASTER CHARGE ACCEPTED

18 SPORTSMED 10k - South Bend IN., 1pm, Dean Reinke 219/237-7696. Bill Rogers Clinic on 17th, 2000 runner limit.

18 YMCA RUN FOR HEALTH 7 mile - Indianapolis

25* HOME LOAN 10,000 - Ft Wayne (Frieman Square), 2pm, Don Goldner 219/747-4359

31 WARSAW PRO-AM 10k - Warsaw IN., (Fairgrounds), 11am, 219/267-3883

NOVEMBER

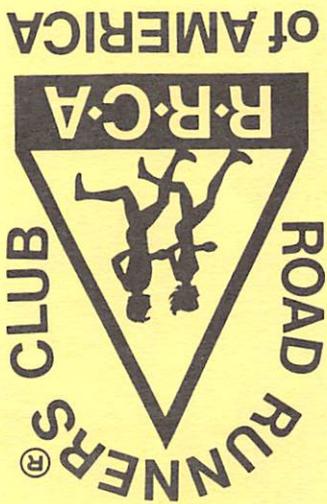
1 FWTC UTRAMARATHONS 60k, *50 mile, 100k - Ft Wayne IN., (North American Van Lines Headquarters US 30 West), 7am, Dan Bossard 219/484-9424. Clinic Featuring Tom Osler Oct 31 at Marriott Inn

8 MISSISSINewa MINI-MARATHON 15k - Marion IN., 1:30pm, Kermit Welty, 317/664-0621. Third race of Marion Triple Crown. (Alice in WonderRun)

* FWTC POINTS RACES

Information in the race calendar reflects the latest received by THE INSIDE TRACK. Double check with race directors or other sources before traveling.

Send race announcements or changes to Tom Loucks, Route 1, Ossian IN. 46777 - 219/622-7108



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